

Heavenly Candy Bar Cupcakes







DESSERT

Ingredients

0.5 teaspoon baking soda
9 fun-size mini
0.5 cup butter
1.5 cups buttermilk
20 servings garnishes: fun-size chocolate-coated caramel and creamy nougat bars frozer chopped
3 large eggs
2.5 cups flour all-purpose
1 teaspoon salt

	1 cup shortening
	2 cups sugar
	1 teaspoon vanilla extract
E	u inmant
Εq	uipment
	frying pan
	sauce pan
	oven
	wire rack
	hand mixer
Di	rections
	Melt candy bars and butter in a heavy saucepan over low heat about 5 minutes, stirring until smooth. Set aside.
	Beat sugar and shortening at medium speed with an electric mixer about 3 minutes or until well blended.
	Add eggs, 1 at a time, beating just until blended after each addition.
	Combine flour and salt. Stir together buttermilk and baking soda. Gradually add flour mixture to sugar mixture, alternately with buttermilk mixture, beginning and ending with flour mixture. Beat at low speed just until blended after each addition. Stir in melted candy bar mixture and vanilla.
	Place 36 paper baking cups in muffin pans; spoon batter evenly into paper baking cups, filling two-thirds full.
	Bake at 350 for 18 minutes or until a wooden pick inserted in center comes out clean.
	Remove cupcakes from pan, and let cool completely on wire racks.
	Spread cupcakes evenly with Chocolate-Marshmallow Frosting.
	Garnish, if desired.
	Note: For testing purposes only, we used Milky Way Bars.
	Heavenly Candy Bar Cake: Spoon batter into 3 greased and floured 9-inch cakepans.

Bake at 350 for 30 minutes or until a wooden pick comes out clean. Cool in pans on a wire
rack 10 minutes; remove cakes from pans, and let cool completely on wire rack.
Spread half of Chocolate-Marshmallow Frosting evenly between cake layers.
Spread remaining frosting evenly over top and sides of cake.
Garnish, if desired. Makes 12 servings. Prep: 15 min., Cook: 5 min.,
Bake: 30 min.
Nutrition Facts
PROTEIN 4.08% FAT 51.49% CARBS 44.43%

Properties

Glycemic Index:12.08, Glycemic Load:25.89, Inflammation Score:-3, Nutrition Score:5.4126086912887%

Nutrients (% of daily need)

Calories: 357.61kcal (17.88%), Fat: 21.08g (32.43%), Saturated Fat: 6.89g (43.04%), Carbohydrates: 40.92g (13.64%), Net Carbohydrates: 39.7g (14.44%), Sugar: 27.66g (30.73%), Cholesterol: 29.91mg (9.97%), Sodium: 229.86mg (9.99%), Alcohol: 0.07g (100%), Alcohol %: 0.1% (100%), Caffeine: 9.12mg (3.04%), Protein: 3.76g (7.51%), Selenium: 8.81µg (12.58%), Vitamin B2: 0.18mg (10.56%), Manganese: 0.19mg (9.63%), Vitamin B1: 0.14mg (9.31%), Folate: 33.45µg (8.36%), Iron: 1.35mg (7.48%), Phosphorus: 69.94mg (6.99%), Vitamin E: 0.94mg (6.29%), Copper: 0.12mg (6.2%), Vitamin K: 6.44µg (6.14%), Magnesium: 22.85mg (5.71%), Vitamin A: 273.58IU (5.47%), Vitamin B3: 1.04mg (5.21%), Fiber: 1.22g (4.9%), Vitamin B5: 0.34mg (3.39%), Zinc: 0.5mg (3.33%), Calcium: 33.1mg (3.31%), Potassium: 98.16mg (2.8%), Vitamin B12: 0.16µg (2.63%), Vitamin D: 0.38µg (2.56%), Vitamin B6: 0.03mg (1.63%)