



Heavenly Cheesecake

READY IN



595 min.

SERVINGS



16

CALORIES



340 kcal

DESSERT

Ingredients

- 1 cup graham crackers
- 2 tablespoons butter melted
- 24 ounces cream cheese softened
- 0.5 cup sugar
- 3 eggs
- 1 teaspoon vanilla
- 12 ounces peppermint candies white melted (2 cups)
- 1 serving strawberries fresh
- 1 leaf mint leaves fresh

0.5 cup frangelico

Equipment

bowl

frying pan

oven

hand mixer

spatula

springform pan

Directions

Heat oven to 325°F.

Mix cookie crumbs and butter in small bowl. Press evenly in bottom of springform pan, 10x3 or 9x3 inches. Refrigerate while preparing filling.

Beat cream cheese in large bowl with electric mixer on medium speed until smooth. Gradually beat in sugar until smooth. Beat in eggs, one at a time. Beat in vanilla, melted baking chips and half-and-half until blended.

Pour over crust; smooth top.

Bake 55 to 60 minutes or until center is set; cool 15 minutes. Run metal spatula around side of cheesecake to loosen. Cover and refrigerate at least 8 hours, but no longer than 48 hours.

Remove side of pan. Top cheesecake with strawberries.

Garnish with mint leaves. Store covered in refrigerator.

Nutrition Facts



PROTEIN 5.94% **FAT 63.94%** **CARBS 30.12%**

Properties

Glycemic Index:13.19, Glycemic Load:8.23, Inflammation Score:-4, Nutrition Score:3.9360869552778%

Flavonoids

Cyanidin: 0.15mg, Cyanidin: 0.15mg, Cyanidin: 0.15mg, Cyanidin: 0.15mg Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg, Petunidin: 0.01mg Delphinidin: 0.03mg, Delphinidin: 0.03mg, Delphinidin: 0.03mg, Delphinidin: 0.03mg Pelargonidin: 2.24mg, Pelargonidin: 2.24mg, Pelargonidin: 2.24mg, Pelargonidin: 2.24mg Catechin: 0.28mg, Catechin: 0.28mg, Catechin: 0.28mg Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg, Epicatechin: 0.04mg Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 0.01mg, Hesperetin: 0.01mg, Hesperetin: 0.01mg, Hesperetin: 0.01mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg, Kaempferol: 0.05mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 340.22kcal (17.01%), Fat: 24.78g (38.13%), Saturated Fat: 15.53g (97.06%), Carbohydrates: 26.27g (8.76%), Net Carbohydrates: 25.89g (9.41%), Sugar: 21.71g (24.12%), Cholesterol: 73.64mg (24.55%), Sodium: 212.19mg (9.23%), Alcohol: 0.09g (100%), Alcohol %: 0.11% (100%), Protein: 5.18g (10.35%), Vitamin A: 681.98IU (13.64%), Vitamin B2: 0.15mg (9.01%), Selenium: 6.26µg (8.95%), Calcium: 84.41mg (8.44%), Phosphorus: 75.82mg (7.58%), Vitamin C: 5.32mg (6.44%), Vitamin B5: 0.38mg (3.82%), Vitamin E: 0.53mg (3.55%), Folate: 12.54µg (3.14%), Zinc: 0.44mg (2.95%), Vitamin B12: 0.17µg (2.81%), Potassium: 92.83mg (2.65%), Iron: 0.47mg (2.59%), Vitamin B6: 0.05mg (2.4%), Magnesium: 9.44mg (2.36%), Manganese: 0.04mg (2.16%), Vitamin B1: 0.03mg (1.89%), Fiber: 0.38g (1.5%), Vitamin B3: 0.29mg (1.47%), Vitamin D: 0.17µg (1.1%), Vitamin K: 1.12µg (1.06%), Copper: 0.02mg (1.02%)