



Herb and Orange Negroni



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



1450 min.

SERVINGS



6

CALORIES



376 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup angostura bitters such as campari)
- ☐ 6 servings ice cubes
- ☐ 0.8 cup orange juice fresh
- ☐ 8 long stems oregano fresh
- ☐ 4 long stems rosemary fresh
- ☐ 0.5 cup seltzer water
- ☐ 8 long stems thyme fresh
- ☐ 1 sprigs thyme and orange fresh for garnish

- ☐ 0.5 cup vermouthe sweet
- ☐ 750 ml vodka

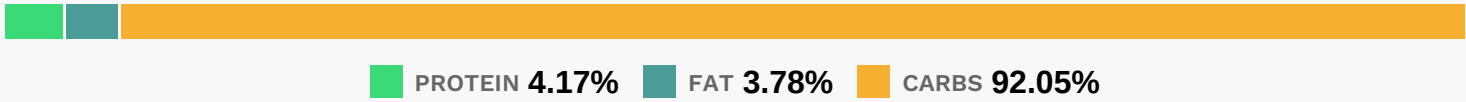
Equipment

- ☐ wooden spoon

Directions

- ☐ In a pitcher, stir together the vodka, orange juice, sparkling water, if using, vermouthe and bitters.
- ☐ Pour into 4 iced-filled old-fashion glasses and garnish with a sprig of fresh thyme and an orange slice.
- ☐ In a pitcher, combine the oregano, thyme and rosemary. Using a wooden spoon, gently crush the herbs.
- ☐ Add the vodka and cover the pitcher with plastic. Store at room temperature for at least 24 hours. Strain before using.

Nutrition Facts



Properties

Glycemic Index:26.58, Glycemic Load:1.73, Inflammation Score:-10, Nutrition Score:3.1917391756307%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 3.75mg, Hesperetin: 3.75mg, Hesperetin: 3.75mg, Hesperetin: 3.75mg Naringenin: 0.85mg, Naringenin: 0.85mg, Naringenin: 0.85mg, Naringenin: 0.85mg Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg, Apigenin: 0.04mg Luteolin: 0.62mg, Luteolin: 0.62mg, Luteolin: 0.62mg, Luteolin: 0.62mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 375.62kcal (18.78%), Fat: 0.18g (0.28%), Saturated Fat: 0.05g (0.33%), Carbohydrates: 9.91g (3.3%), Net Carbohydrates: 9g (3.27%), Sugar: 3.96g (4.4%), Cholesterol: 0mg (0%), Sodium: 9.15mg (0.4%), Alcohol: 48.69g (100%), Alcohol %: 23.12% (100%), Protein: 0.45g (0.9%), Vitamin C: 17.9mg (21.7%), Vitamin K: 8.32µg (7.92%), Manganese: 0.1mg (5.02%), Iron: 0.84mg (4.69%), Fiber: 0.91g (3.65%), Calcium: 34.95mg (3.49%), Folate: 13.84µg (3.46%), Vitamin A: 167.9IU (3.36%), Copper: 0.05mg (2.72%), Potassium: 93.34mg (2.67%), Magnesium: 10.52mg

(2.63%), Vitamin B1: 0.04mg (2.51%), Vitamin B2: 0.03mg (1.92%), Vitamin E: 0.26mg (1.71%), Vitamin B6: 0.03mg (1.67%), Phosphorus: 15.46mg (1.55%), Vitamin B3: 0.22mg (1.08%)