



Herbed Cheesecakes

READY IN



45 min.

SERVINGS



8

CALORIES



478 kcal

Ingredients

- 3 tablespoons butter melted
- 16 ounce cream cheese softened
- 3 large eggs
- 0.3 cup chives fresh chopped
- 2 tablespoons thyme leaves fresh minced
- 6 ounce goat cheese
- 1 cup round
- 16 ounce cup heavy whipping cream sour divided
- 8 servings spinach leaves fresh
- 8 servings garnish: thyme sprigs fresh



Equipment

- oven
- wire rack
- hand mixer
- springform pan

Directions

- Stir together cracker crumbs and butter; press evenly into bottoms of 4 (4-inch) springform pans.
- Beat cream cheese, 1 cup sour cream, and goat cheese at medium speed with an electric mixer until smooth.
- Add eggs, 1 at a time, beating until blended. Stir in chives and minced thyme, and pour mixture into pans.
- Bake at 325 for 30 minutes or until almost set. Cool on a wire rack. Cover and chill 8 hours, or freeze up to 1 month.
- Spread tops evenly with remaining sour cream; remove from pans, and cut into wedges.
- Serve wedges on spinach leaves with assorted crackers.
- Garnish, if desired.
- Note: Cheesecake may be baked in 1 (8-inch) springform pan; bake at 325 for 40 minutes.

Nutrition Facts

 **PROTEIN 10.51%**  **FAT 79.22%**  **CARBS 10.27%**

Properties

Glycemic Index:24.25, Glycemic Load:1.12, Inflammation Score:-10, Nutrition Score:20.071304435315%

Flavonoids

Apigenin: 0.07mg, Apigenin: 0.07mg, Apigenin: 0.07mg, Apigenin: 0.07mg Luteolin: 1.47mg, Luteolin: 1.47mg, Luteolin: 1.47mg, Luteolin: 1.47mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 2.04mg, Kaempferol: 2.04mg, Kaempferol: 2.04mg, Kaempferol: 2.04mg Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg, Myricetin: 0.1mg Quercetin: 1.25mg, Quercetin: 1.25mg

Quercetin: 1.25mg, Quercetin: 1.25mg

Nutrients (% of daily need)

Calories: 478.36kcal (23.92%), Fat: 42.91g (66.01%), Saturated Fat: 22.18g (138.65%), Carbohydrates: 12.52g (4.17%), Net Carbohydrates: 11.27g (4.1%), Sugar: 5.08g (5.65%), Cholesterol: 170.25mg (56.75%), Sodium: 440.12mg (19.14%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 12.81g (25.62%), Vitamin K: 153.79µg (146.47%), Vitamin A: 4621.55IU (92.43%), Vitamin B2: 0.49mg (28.53%), Phosphorus: 235.34mg (23.53%), Folate: 86.07µg (21.52%), Calcium: 207.64mg (20.76%), Manganese: 0.4mg (20.03%), Selenium: 13.98µg (19.97%), Vitamin C: 14.08mg (17.07%), Iron: 2.48mg (13.79%), Vitamin E: 1.97mg (13.16%), Copper: 0.26mg (12.75%), Magnesium: 46.63mg (11.66%), Potassium: 376.1mg (10.75%), Vitamin B6: 0.21mg (10.74%), Vitamin B5: 1.01mg (10.13%), Zinc: 1.17mg (7.8%), Vitamin B12: 0.46µg (7.61%), Vitamin B1: 0.11mg (7.08%), Fiber: 1.25g (5%), Vitamin B3: 0.85mg (4.26%), Vitamin D: 0.46µg (3.07%)