



Herbed Vinaigrette

 Vegetarian  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



90 kcal

SIDE DISH

Ingredients

- 1.5 cups cider vinegar
- 2 teaspoons herb fresh
- 2.5 cups no-salt-added chicken broth undiluted canned
- 1.5 tablespoons vegetable oil

Equipment

Directions

Combine all ingredients in a jar; cover tightly, and shake vigorously to blend. Chill mixture thoroughly.

Nutrition Facts

PROTEIN 15.28% **FAT 68.17%** **CARBS 16.55%**

Properties

Glycemic Index:11.25, Glycemic Load:0.35, Inflammation Score:-1, Nutrition Score:3.4456521825784%

Nutrients (% of daily need)

Calories: 90.16kcal (4.51%), Fat: 6.03g (9.27%), Saturated Fat: 1.06g (6.61%), Carbohydrates: 3.29g (1.1%), Net Carbohydrates: 2.87g (1.04%), Sugar: 0.59g (0.66%), Cholesterol: 0mg (0%), Sodium: 48.98mg (2.13%), Alcohol: 0g (0%), Alcohol %: 0% (100%), Protein: 3.04g (6.08%), Vitamin K: 15.6µg (14.85%), Manganese: 0.27mg (13.65%), Vitamin B3: 2.07mg (10.34%), Potassium: 204.88mg (5.85%), Phosphorus: 52.9mg (5.29%), Iron: 0.86mg (4.77%), Copper: 0.09mg (4.44%), Vitamin E: 0.6mg (4%), Vitamin B2: 0.05mg (2.91%), Calcium: 28.14mg (2.81%), Vitamin B12: 0.15µg (2.46%), Magnesium: 8.66mg (2.16%), Fiber: 0.43g (1.7%), Zinc: 0.21mg (1.4%), Vitamin B6: 0.03mg (1.26%)