



HG's Magical Low-Calorie Margarita

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



194 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving ice cubes as needed crushed
- 6 ounces diet lemon–lime soda
- 1 teaspoon packet lemonade powdered drink mix sugar-free (2-serving)
- 1 serving lime for serving, optional
- 1 ounce juice of lime
- 1.5 ounces tequila

Equipment

Directions

- Watch how to make this recipe.
- Combine powdered drink mix, soda, tequila, and lime juice in a glass or shaker. Stir to dissolve the drink mix.
- Pour into a margarita glass with lots of crushed ice. Finish it off with a slice of lime on the rim of the glass, if using. Time to enjoy!

Nutrition Facts

 PROTEIN **1.1%**  FAT **0.65%**  CARBS **98.25%**

Properties

Glycemic Index:47, Glycemic Load:0.02, Inflammation Score:-2, Nutrition Score:1.192173929966%

Flavonoids

Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg Hesperetin: 2.97mg, Hesperetin: 2.97mg, Hesperetin: 2.97mg, Hesperetin: 2.97mg Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg, Naringenin: 0.14mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 193.99kcal (9.7%), Fat: 0.07g (0.11%), Saturated Fat: 0g (0.02%), Carbohydrates: 25.01g (8.34%), Net Carbohydrates: 24.85g (9.04%), Sugar: 22.5g (25%), Cholesterol: 0mg (0%), Sodium: 20.59mg (0.9%), Alcohol: 14.2g (100%), Alcohol %: 7.26% (100%), Caffeine: 25.51mg (8.5%), Protein: 0.28g (0.56%), Vitamin C: 10.76mg (13.05%), Magnesium: 16.21mg (4.05%), Potassium: 43.99mg (1.26%)