



Hibiscus Lime Margarita

 Vegetarian  Gluten Free  Dairy Free

READY IN



40 min.

SERVINGS



1

CALORIES



826 kcal

BEVERAGE

DRINK

Ingredients

- 0.8 oz clear honey orange-flavored
- 0.8 cup hibiscus petals dried
- 1 slices lime
- 0.8 oz juice of lime fresh
- 2 tablespoons simple syrup glaze
- 0.8 cup sugar
- 2 tablespoons tequila
- 1.5 cups water

Equipment

sauce pan

Directions

- To make Hibiscus Simple Syrup, mix sugar, hibiscus flowers and water in 2-quart saucepan.
- Heat just to boiling over medium-high heat, stirring until sugar is dissolved.
- Remove from heat; let stand 30 minutes. Strain mixture; discard solids.
- Transfer to storage container. Cover and refrigerate up to 3 days. Makes 1 1/3 cups.
- To make margarita, add 1 oz of the simple syrup, the tequila, orange-flavored liqueur and lime juice to cocktail shaker. Fill shaker with ice; cover and shake vigorously. Strain into cocktail glass filled with fresh ice.
- Garnish with lime slices.

Nutrition Facts

PROTEIN 0.1% **FAT 0.57%** **CARBS 99.33%**

Properties

Glycemic Index:169.36, Glycemic Load:114.02, Inflammation Score:-4, Nutrition Score:2.9104347539985%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 4.92mg, Hesperetin: 4.92mg, Hesperetin: 4.92mg, Hesperetin: 4.92mg Naringenin: 0.32mg, Naringenin: 0.32mg, Naringenin: 0.32mg, Naringenin: 0.32mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 826.45kcal (41.32%), Fat: 0.51g (0.78%), Saturated Fat: 0g (0.02%), Carbohydrates: 198.7g (66.23%), Net Carbohydrates: 198.38g (72.14%), Sugar: 196.91g (218.79%), Cholesterol: 0mg (0%), Sodium: 51.26mg (2.23%), Alcohol: 10.02g (100%), Alcohol %: 1.58% (100%), Protein: 0.2g (0.4%), Vitamin A: 539.36IU (10.79%), Vitamin C: 8.52mg (10.33%), Iron: 1.82mg (10.11%), Copper: 0.1mg (4.98%), Vitamin B1: 0.06mg (4.08%), Vitamin B2: 0.07mg (3.9%), Magnesium: 15.42mg (3.85%), Calcium: 38.1mg (3.81%), Potassium: 107.36mg (3.07%), Selenium: 1.4µg (2%), Zinc: 0.28mg (1.87%), Manganese: 0.03mg (1.64%), Fiber: 0.32g (1.29%), Folate: 4.89µg (1.22%), Phosphorus: 11.26mg (1.13%)