



Hint of Lemon Icing



Vegetarian



Gluten Free

READY IN



5 min.

SERVINGS



5

CALORIES



213 kcal

FROSTING

ICING

Ingredients

- ☐ 1 tablespoon butter melted
- ☐ 0.5 teaspoon lemon rind grated
- ☐ 3 tablespoons milk
- ☐ 2 cups powdered sugar
- ☐ 0.3 teaspoon vanilla extract

Equipment

- ☐ whisk

Directions

☐ Whisk together powdered sugar and remaining ingredients until smooth.

Nutrition Facts



Properties

Glycemic Index:17.6, Glycemic Load:0.16, Inflammation Score:-1, Nutrition Score:0.48869565752861%

Nutrients (% of daily need)

Calories: 212.87kcal (10.64%), Fat: 2.56g (3.94%), Saturated Fat: 1.61g (10.04%), Carbohydrates: 48.38g (16.13%), Net Carbohydrates: 48.36g (17.59%), Sugar: 47.41g (52.68%), Cholesterol: 7.1mg (2.37%), Sodium: 22.41mg (0.97%), Alcohol: 0.07g (100%), Alcohol %: 0.14% (100%), Protein: 0.32g (0.64%), Vitamin A: 84.65IU (1.69%), Vitamin B2: 0.02mg (1.34%), Calcium: 12.51mg (1.25%)