

Holiday Brie en Croute

READY IN



45 min.

SERVINGS



12

CALORIES



560 kcal

SIDE DISH

Ingredients

- 0.3 cup almonds toasted sliced
- 13.2 ounce round of président brie
- 26 ounce round buttery crackers pepperidge farm®
- 0.3 cup cranberries dried softened
- 1 eggs
- 0.5 package puff pastry pepperidge farm®
- 0.5 cup apricot preserves
- 1 tablespoon water

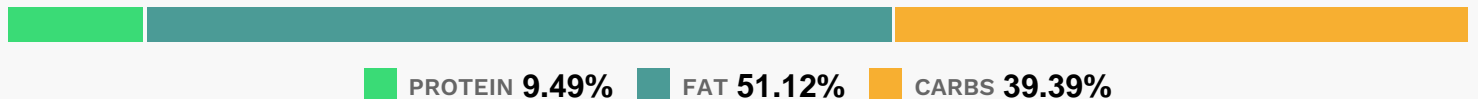
Equipment

- baking sheet
- oven

Directions

- Thaw pastry sheet at room temperature 30 minutes. Preheat oven to 400 degrees F.
- Mix egg and water.
- Unfold pastry sheet on lightly floured surface.
- Roll into 14 inch square.
- Cut off corners to make a circle.
- Spread preserves to within 1 inch of pastry edge.
- Sprinkle cranberries and almonds over preserves. Top with cheese.
- Brush edge of circle with egg mixture. Fold two opposite sides over cheese. Trim remaining two sides to 2 inch from edge of cheese. Fold these two sides onto the round. Press edges to seal.
- Place seam-side down on baking sheet. Decorate top with pastry scraps if desired.
- Brush with egg mixture.
- Bake 20 minutes or until golden.
- Let stand 1 hour.
- Serve with crackers.

Nutrition Facts



Properties

Glycemic Index:11.5, Glycemic Load:5.15, Inflammation Score:-4, Nutrition Score:13.669999962268%

Flavonoids

Cyanidin: 1.34mg, Cyanidin: 1.34mg, Cyanidin: 1.34mg, Cyanidin: 1.34mg Delphinidin: 0.21mg, Delphinidin: 0.21mg, Delphinidin: 0.21mg, Delphinidin: 0.21mg Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg, Malvidin: 0.01mg

Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Peonidin: 1.37mg, Peonidin: 1.37mg, Peonidin: 1.37mg, Peonidin: 1.37mg Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg, Catechin: 0.07mg Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg, Epicatechin: 0.16mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.18mg, Myricetin: 0.18mg, Myricetin: 0.18mg, Myricetin: 0.18mg Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg, Quercetin: 0.45mg

Nutrients (% of daily need)

Calories: 560.33kcal (28.02%), Fat: 32g (49.23%), Saturated Fat: 10.93g (68.32%), Carbohydrates: 55.48g (18.49%), Net Carbohydrates: 53.39g (19.42%), Sugar: 9.79g (10.87%), Cholesterol: 44.82mg (14.94%), Sodium: 798.03mg (34.7%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 13.37g (26.74%), Vitamin K: 34.87µg (33.21%), Phosphorus: 255.64mg (25.56%), Vitamin B1: 0.38mg (25.35%), Manganese: 0.5mg (25.03%), Vitamin B2: 0.42mg (24.94%), Folate: 83.11µg (20.78%), Vitamin B3: 4.05mg (20.23%), Iron: 3.61mg (20.08%), Selenium: 13.69µg (19.56%), Vitamin E: 2.91mg (19.38%), Calcium: 163.45mg (16.35%), Vitamin B12: 0.55µg (9.12%), Zinc: 1.34mg (8.94%), Fiber: 2.09g (8.35%), Copper: 0.14mg (6.97%), Magnesium: 27.36mg (6.84%), Vitamin B6: 0.13mg (6.34%), Vitamin B5: 0.52mg (5.18%), Potassium: 161.87mg (4.62%), Vitamin A: 226.51IU (4.53%), Vitamin D: 0.23µg (1.53%), Vitamin C: 1.26mg (1.52%)