



Holiday Cheese Tree

 Gluten Free

READY IN



195 min.

SERVINGS



15

CALORIES



185 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.3 cup classico basil pesto sauce and spread traditional
- 16 oz philadelphia cream cheese softened
- 1 dash ground pepper red (cayenne)
- 1 tsp juice of lemon
- 1 Tbsp onions finely chopped
- 2 Tbsp bell peppers red divided chopped
- 8 oz sharp cheddar cheese shredded kraft
- 2 tsp lea & perrins worcestershire sauce

Equipment

- bowl
- hand mixer

Directions

- Beat cream cheese and cheddar cheese in small bowl with electric mixer on medium speed until well blended.
- Add 1 Tbsp. of the bell peppers, the onions, Worcestershire sauce, lemon juice and ground red pepper; mix well. Cover.
- Refrigerate several hours or overnight.
- Spoon 2-1/2 cups of the cheese mixture onto large serving platter; shape into triangular shape to resemble a Christmas tree. Spoon remaining cheese mixture at the base of the triangle for the trunk. Decorate with the pesto and the remaining 1 Tbsp. bell peppers.
- Serve as a spread with RITZ Crackers.

Nutrition Facts

 **PROTEIN 11.99%**  **FAT 82.26%**  **CARBS 5.75%**

Properties

Glycemic Index:9.67, Glycemic Load:0.58, Inflammation Score:-4, Nutrition Score:3.6478260690751%

Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 0.05mg, Hesperetin: 0.05mg, Hesperetin: 0.05mg, Hesperetin: 0.05mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 184.82kcal (9.24%), Fat: 17.08g (26.28%), Saturated Fat: 9.28g (57.98%), Carbohydrates: 2.69g (0.9%), Net Carbohydrates: 2.58g (0.94%), Sugar: 1.49g (1.65%), Cholesterol: 45.99mg (15.33%), Sodium: 242.96mg (10.56%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 5.6g (11.21%), Calcium: 144.01mg (14.4%), Vitamin A: 683.21IU (13.66%), Phosphorus: 102.65mg (10.26%), Selenium: 6.89µg (9.84%), Vitamin B2: 0.14mg (8.15%), Zinc: 0.71mg (4.75%), Vitamin B12: 0.23µg (3.78%), Vitamin E: 0.4mg (2.64%), Vitamin B5: 0.24mg (2.4%), Vitamin C: 1.87mg (2.27%), Magnesium: 7.15mg (1.79%), Potassium: 62.03mg (1.77%), Folate: 6.73µg (1.68%), Vitamin B6:

0.03mg (1.6%), Vitamin K: 1.07µg (1.02%)