



Holiday Peppermint Bark



Gluten Free



Dairy Free

READY IN



75 min.

SERVINGS



3

CALORIES



773 kcal

DESSERT

Ingredients

- ☐ 24 peppermint candies hard
- ☐ 12 ounce nestle® toll house® premier morsels white

Equipment

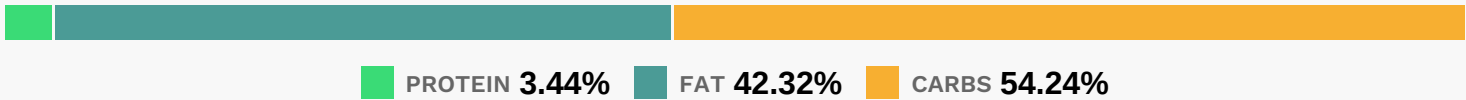
- ☐ bowl
- ☐ baking sheet
- ☐ sieve
- ☐ ziploc bags
- ☐ microwave

☐ rolling pin

Directions

- ☐ LINE baking sheet with waxed paper.
- ☐ MICROWAVE morsels in medium, microwave-safe bowl on MEDIUM-HIGH (70 percent) power for 1 minute; stir. Microwave at additional 10- to 20-second intervals, stirring until smooth.
- ☐ PLACE peppermint candies in heavy-duty plastic bag. Crush candies using rolling pin or other heavy object. While holding strainer over melted morsels, pour crushed candy into strainer. Shake to release all small candy pieces; reserve larger candy pieces. Stir morsel-peppermint mixture.
- ☐ SPREAD mixture to desired thickness on prepared baking sheet.
- ☐ Sprinkle with reserved candy pieces; press in lightly.
- ☐ Let stand for about 1 hour or until firm. Break into pieces. Store in airtight container at room temperature.

Nutrition Facts



Properties

Glycemic Index:46.67, Glycemic Load:73.32, Inflammation Score:1, Nutrition Score:6.227391263713%

Nutrients (% of daily need)

Calories: 773.22kcal (38.66%), Fat: 36.4g (56%), Saturated Fat: 22g (137.5%), Carbohydrates: 104.97g (34.99%), Net Carbohydrates: 104.74g (38.09%), Sugar: 93.93g (104.37%), Cholesterol: 23.81mg (7.94%), Sodium: 102.06mg (4.44%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 6.66g (13.31%), Calcium: 225.66mg (22.57%), Phosphorus: 199.58mg (19.96%), Vitamin B2: 0.32mg (18.81%), Vitamin B12: 0.63µg (10.58%), Vitamin K: 10.32µg (9.83%), Potassium: 324.32mg (9.27%), Selenium: 5.1µg (7.29%), Vitamin E: 1.09mg (7.26%), Vitamin B5: 0.69mg (6.89%), Zinc: 0.84mg (5.59%), Vitamin B1: 0.07mg (4.76%), Vitamin B3: 0.84mg (4.22%), Copper: 0.07mg (3.4%), Magnesium: 13.61mg (3.4%), Vitamin B6: 0.06mg (3.18%), Folate: 7.94µg (1.98%), Iron: 0.27mg (1.51%)