



Holiday Tree-Shaped Cheese Ball

READY IN



260 min.

SERVINGS



28

CALORIES



163 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 24 ounces cream cheese softened
- ☐ 16 ounces cheddar cheese shredded
- ☐ 2 tablespoons basil pesto
- ☐ 1 tablespoon onion grated
- ☐ 0.3 teaspoon mustard yellow
- ☐ 1 serving hot sauce red
- ☐ 0.3 cup cilantro leaves finely chopped
- ☐ 0.3 cup almonds sliced
- ☐ 2 tablespoons bell pepper red chopped

- ☐ 1 Piece lemon zest
- ☐ 1 serving round buttery crackers assorted

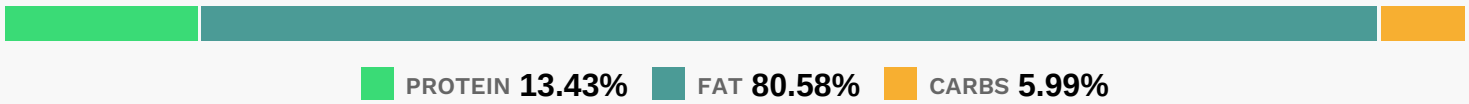
Equipment

- ☐ baking sheet

Directions

- ☐ Stir together cream cheese and Cheddar cheese; divide in half. Stir pesto into 1 half; stir onion, mustard and 2 or 3 drops pepper sauce into other half. Cover each half; refrigerate about 4 hours or until firm enough to shape.
- ☐ Place cheese mixtures on cookie sheet. Shape each half into cone shape to look like a pine tree.
- ☐ If desired, wrap each tree, label and freeze up to 1 month. Twelve hours before serving, remove trees from freezer. Thaw in wrapper in refrigerator.
- ☐ Just before serving, roll unwrapped trees in parsley, pressing it evenly onto trees. Press pine nuts onto trees in string form for garland. Press bell pepper pieces onto trees for ornaments. Top each tree with star shape cut from lemon peel.
- ☐ Serve with crackers.

Nutrition Facts



Properties

Glycemic Index:6.68, Glycemic Load:0.49, Inflammation Score:-4, Nutrition Score:3.6673912509628%

Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg, Isorhamnetin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 163.33kcal (8.17%), Fat: 14.81g (22.79%), Saturated Fat: 8.15g (50.94%), Carbohydrates: 2.48g (0.83%), Net Carbohydrates: 2.3g (0.84%), Sugar: 1.14g (1.26%), Cholesterol: 40.83mg (13.61%), Sodium: 198.02mg (8.61%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.55g (11.11%), Calcium: 143.46mg (14.35%), Vitamin A: 540.86IU (10.82%), Phosphorus: 106.13mg (10.61%), Selenium: 6.75µg (9.65%), Vitamin B2: 0.14mg (8.19%), Zinc: 0.75mg (4.99%), Vitamin E: 0.58mg (3.84%), Vitamin B12: 0.23µg (3.75%), Magnesium: 9.09mg (2.27%), Vitamin B5: 0.22mg (2.16%), Folate: 6.86µg (1.71%), Vitamin K: 1.66µg (1.58%), Potassium: 54.33mg (1.55%), Vitamin B6: 0.03mg (1.46%), Vitamin C: 1.19mg (1.45%), Manganese: 0.03mg (1.41%), Vitamin B1: 0.02mg (1.02%)