



Home-Made Coffee Liqueur



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



50 min.

SERVINGS



15

CALORIES



287 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup coffee granules instant
- ☐ 750 milliliter rum dark light (or)
- ☐ 2 teaspoons vanilla extract
- ☐ 5 cups water
- ☐ 3 cups sugar white

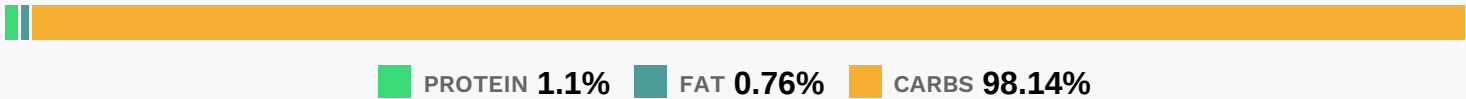
Equipment

- ☐ sauce pan
- ☐ funnel

Directions

- ☐ Stir the water, sugar, and instant coffee together in a saucepan over high heat until the sugar dissolves and the mixture boils.
- ☐ Remove from the heat, and cool 30 to 45 minutes. Stir in the rum and vanilla. Using a funnel, pour into 3 clean wine bottles. Seal, and store in a dark, cool place at least 2 weeks before drinking.

Nutrition Facts



Properties

Glycemic Index:5.67, Glycemic Load:27.92, Inflammation Score:-2, Nutrition Score:1.0721739090007%

Nutrients (% of daily need)

Calories: 286.62kcal (14.33%), Fat: 0.15g (0.23%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 42.88g (14.29%), Net Carbohydrates: 42.88g (15.59%), Sugar: 39.99g (44.43%), Cholesterol: 0mg (0%), Sodium: 6.36mg (0.28%), Alcohol: 17.12g (100%), Alcohol %: 12.47% (100%), Caffeine: 123.81mg (41.27%), Protein: 0.48g (0.96%), Vitamin B3: 1.12mg (5.6%), Potassium: 142.19mg (4.06%), Manganese: 0.08mg (3.97%), Magnesium: 13.75mg (3.44%), Copper: 0.03mg (1.6%), Phosphorus: 14.01mg (1.4%), Iron: 0.21mg (1.19%), Selenium: 0.74µg (1.05%)