



Homestyle Signature Potato Salad

 Vegetarian  Gluten Free  Dairy Free

READY IN



260 min.

SERVINGS



20

CALORIES



103 kcal

SIDE DISH

Ingredients

- 2 stalks celery sliced
- 1 Tbsp grey poupon dijon mustard
- 4 green onions sliced
- 2 hard-cooked eggs chopped
- 0.8 cup mayo homestyle real mayonnaise kraft
- 2 lb new potatoes red cooled cooked quartered
- 1 Tbsp claussen pickle relish sweet

Equipment

bowl

Directions

- Mix mayo, mustard and relish until blended.
- Combine vegetables in large bowl.
- Add mayo mixture; mix lightly. Top with eggs.
- Refrigerate several hours or until chilled.

Nutrition Facts

PROTEIN 6.69% **FAT 59.96%** **CARBS 33.35%**

Properties

Glycemic Index:11.49, Glycemic Load:5.88, Inflammation Score:-2, Nutrition Score:4.0113043422284%

Flavonoids

Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg, Quercetin: 0.59mg

Nutrients (% of daily need)

Calories: 102.56kcal (5.13%), Fat: 6.89g (10.61%), Saturated Fat: 1.16g (7.27%), Carbohydrates: 8.63g (2.88%), Net Carbohydrates: 7.46g (2.71%), Sugar: 0.8g (0.88%), Cholesterol: 22.18mg (7.39%), Sodium: 80.18mg (3.49%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.73g (3.46%), Vitamin K: 21.35µg (20.33%), Vitamin C: 9.52mg (11.54%), Vitamin B6: 0.15mg (7.28%), Potassium: 217.28mg (6.21%), Fiber: 1.16g (4.66%), Manganese: 0.08mg (4.12%), Phosphorus: 38.98mg (3.9%), Folate: 12.91µg (3.23%), Magnesium: 12.33mg (3.08%), Selenium: 2.15µg (3.08%), Vitamin B1: 0.04mg (2.93%), Copper: 0.06mg (2.79%), Vitamin B2: 0.05mg (2.75%), Iron: 0.49mg (2.74%), Vitamin B3: 0.51mg (2.56%), Vitamin E: 0.36mg (2.42%), Vitamin B5: 0.23mg (2.33%), Vitamin A: 83.92IU (1.68%), Zinc: 0.22mg (1.45%), Calcium: 12.44mg (1.24%), Vitamin B12: 0.07µg (1.09%)