



Honey-Cinnamon Vinaigrette



Vegetarian



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



87 kcal

SIDE DISH

Ingredients

- ☐ 0.3 cup canola oil
- ☐ 0.3 cup cider vinegar
- ☐ 1 teaspoon mustard dry
- ☐ 1 teaspoon ground cinnamon
- ☐ 0.3 cup honey
- ☐ 0.5 teaspoon salt

Equipment

- ☐ bowl

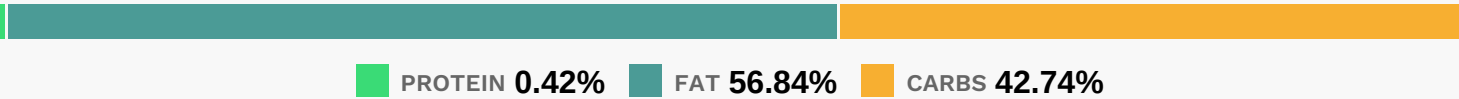
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whisk

Directions

- ☐ Whisk together first 5 ingredients in a small bowl.
- ☐ Add oil in a slow, steady stream, whisking constantly until smooth.
- ☐ Serve immediately, or cover and chill until ready to serve. Store in an airtight container in refrigerator up to 2 weeks.

Nutrition Facts



Properties

Glycemic Index:9.73, Glycemic Load:4.89, Inflammation Score:-1, Nutrition Score:0.82521739415824%

Nutrients (% of daily need)

Calories: 87.04kcal (4.35%), Fat: 5.68g (8.73%), Saturated Fat: 0.42g (2.61%), Carbohydrates: 9.6g (3.2%), Net Carbohydrates: 9.45g (3.44%), Sugar: 9.33g (10.36%), Cholesterol: 0mg (0%), Sodium: 117.17mg (5.09%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.09g (0.19%), Vitamin E: 0.99mg (6.63%), Vitamin K: 4.07µg (3.87%), Manganese: 0.07mg (3.45%)