



Honey Vinaigrette

 Vegetarian  Gluten Free  Dairy Free

READY IN



45 min.

SERVINGS



48

CALORIES



6 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.5 teaspoon pepper black freshly ground
- 2 teaspoons dijon mustard
- 0.3 cup less-sodium chicken broth fat-free
- 2 teaspoons tarragon fresh minced
- 1 tablespoon honey
- 1.5 tablespoons olive oil
- 0.5 teaspoon salt
- 1 tablespoon shallots minced

1.5 tablespoons citrus champagne vinegar

Equipment

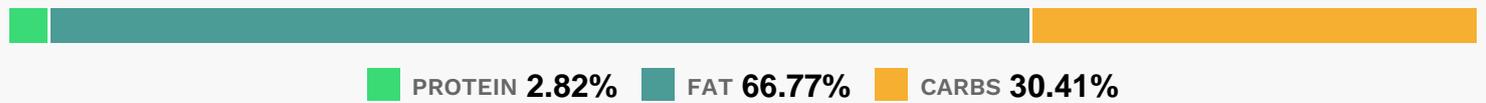
whisk

Directions

Combine all ingredients, stirring well with a whisk. Cover and chill at least 30 minutes.

Note: Store, covered, in the refrigerator for up to a week.

Nutrition Facts



Properties

Glycemic Index:4.51, Glycemic Load:0.22, Inflammation Score:-1, Nutrition Score:0.13565217209575%

Nutrients (% of daily need)

Calories: 5.91kcal (0.3%), Fat: 0.45g (0.7%), Saturated Fat: 0.06g (0.39%), Carbohydrates: 0.46g (0.15%), Net Carbohydrates: 0.44g (0.16%), Sugar: 0.38g (0.42%), Cholesterol: 0mg (0%), Sodium: 31.5mg (1.37%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.04g (0.09%)