

Honeybee Mini Orange Cupcakes

airy Free







DESSERT

Ingredients

I box cake mix yellow
1 teaspoon orange zest grated
2 teaspoons orange juice fresh
12 oz fluffy frosting white
0.5 cup honey
O.3 teaspoon purple gel food coloring yellow
2 oz decorating gel black
36 marshmallows miniature

Equipment		
	bowl	
	frying pan	
	oven	
	hand mixer	
	toothpicks	
	muffin liners	
	kitchen scissors	
Directions		
	Heat oven to 350°F.	
	Place mini paper baking cup in each of 24 mini muffin cups.	
	Make cake mix as directed on box, using water, oil and eggs. Stir orange peel and orange juice into batter. Fill muffin cups three-fourths full. (Cover and refrigerate remaining batter until ready to bake; cool pan 15 minutes before reusing.)	
	Bake 15 minutes or until toothpick inserted in center comes out clean. Cool 5 minutes; remove cupcakes from pans to cooling racks. Cool completely. Repeat with remaining batter to make an additional 48 mini cupcakes.	
	In medium bowl, beat frosting, honey and food color with electric mixer on high speed until blended. Frost cupcakes. Use black decorating gel to pipe bees' stripes. With dampened kitchen scissors, cut miniature marshmallows in half. Arrange marshmallows on cupcakes for bees' wings.	
Nutrition Facts		
	PROTEIN 2.03% FAT 15.72% CARBS 82.25%	

Properties

Glycemic Index:2.89, Glycemic Load:2.57, Inflammation Score:-1, Nutrition Score:0.65739129621374%

Flavonoids

Hesperetin: 0.02mg, Hesperetin: 0.02mg, Hesperetin: 0.02mg, Hesperetin: 0.02mg

Nutrients (% of daily need)

Calories: 54.56kcal (2.73%), Fat: 0.97g (1.49%), Saturated Fat: 0.26g (1.61%), Carbohydrates: 11.38g (3.79%), Net Carbohydrates: 11.28g (4.1%), Sugar: 8.24g (9.16%), Cholesterol: Omg (0%), Sodium: 61.35mg (2.67%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.28g (0.56%), Phosphorus: 23.27mg (2.33%), Vitamin B2: 0.03mg (1.87%), Calcium: 15.51mg (1.55%), Folate: 5.38µg (1.34%), Vitamin B1: 0.02mg (1.15%)