

Hop, Skip and Go Naked

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



296 kcal

BEVERAGE

DRINK

Ingredients

- 4 fluid ounces 1/4 cup dried cranberry (juice sweetened if possible)
- 1 dash grenadine syrup
- 1.5 fluid ounce triple sec
- 1.5 fluid ounce vodka

Equipment

Directions

Pour the vodka, triple sec, grenadine, and cranberry juice into a cocktail shaker over ice. Cover, and shake until the outside of the shaker has frosted. Strain into a chilled martini glass to serve.

Nutrition Facts

PROTEIN 1.66% **FAT 2.11%** **CARBS 96.23%**

Properties

Glycemic Index:171, Glycemic Load:8.68, Inflammation Score:-4, Nutrition Score:2.3052173762218%

Nutrients (% of daily need)

Calories: 296.16kcal (14.81%), Fat: 0.29g (0.44%), Saturated Fat: 0.06g (0.37%), Carbohydrates: 29.38g (9.79%), Net Carbohydrates: 29.26g (10.64%), Sugar: 29.06g (32.29%), Cholesterol: 0mg (0%), Sodium: 6.63mg (0.29%), Alcohol: 26.35g (100%), Alcohol %: 16.06% (100%), Caffeine: 11.53mg (3.84%), Protein: 0.51g (1.01%), Vitamin C: 11mg (13.33%), Vitamin E: 1.42mg (9.46%), Vitamin K: 6.03µg (5.75%), Copper: 0.09mg (4.37%), Vitamin B6: 0.06mg (3.08%), Potassium: 105.11mg (3%), Magnesium: 8.47mg (2.12%), Phosphorus: 20.3mg (2.03%), Iron: 0.33mg (1.82%), Vitamin B2: 0.03mg (1.75%), Vitamin A: 53.23IU (1.06%)