



Horny Leprechaun

 Gluten Free

READY IN



5 min.

SERVINGS



1

CALORIES



91 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

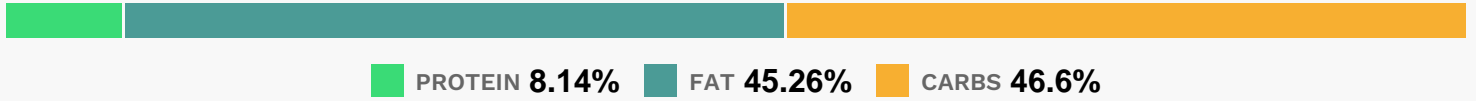
- 2 dashes cup heavy whipping cream
- 1 serving ice cubes
- 0.8 ounce baileys irish cream
- 0.8 ounce mint leaves

Equipment

Directions

- Place a cordial glass in the freezer to chill.
- Place the Baileys, Rumpel Minze, and cream in a cocktail shaker. Fill the shaker halfway with ice and shake until the outside is frosty, about 30 seconds. Strain into the chilled glass.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-6, Nutrition Score:3.8347825910086%

Flavonoids

Eriodictyol: 6.57mg, Eriodictyol: 6.57mg, Eriodictyol: 6.57mg, Eriodictyol: 6.57mg Hesperetin: 2.16mg, Hesperetin: 2.16mg, Hesperetin: 2.16mg, Hesperetin: 2.16mg Apigenin: 1.15mg, Apigenin: 1.15mg, Apigenin: 1.15mg, Apigenin: 1.15mg Luteolin: 2.69mg, Luteolin: 2.69mg, Luteolin: 2.69mg, Luteolin: 2.69mg

Nutrients (% of daily need)

Calories: 91.21kcal (4.56%), Fat: 3.69g (5.67%), Saturated Fat: 2.21g (13.83%), Carbohydrates: 8.54g (2.85%), Net Carbohydrates: 6.84g (2.49%), Sugar: 4.31g (4.79%), Cholesterol: 2.27mg (0.76%), Sodium: 9.95mg (0.43%), Alcohol: 2.87g (100%), Alcohol %: 3.62% (100%), Protein: 1.49g (2.98%), Vitamin A: 932.62IU (18.65%), Manganese: 0.25mg (12.5%), Vitamin C: 6.77mg (8.21%), Fiber: 1.7g (6.8%), Folate: 24.32µg (6.08%), Iron: 1.08mg (6.01%), Calcium: 54.67mg (5.47%), Magnesium: 17.71mg (4.43%), Copper: 0.08mg (3.96%), Vitamin B2: 0.06mg (3.55%), Potassium: 122.88mg (3.51%), Vitamin B3: 0.36mg (1.82%), Phosphorus: 16.68mg (1.67%), Zinc: 0.25mg (1.64%), Vitamin B6: 0.03mg (1.41%), Vitamin B1: 0.02mg (1.19%)