

SIDE DISH

Horseradish Cole Slaw

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	15	\$0.27	104 kcal

You can never have too many side dish recipes, so give Horseradish Cole Slaw a try. Watching your figure? This gluten free, dairy free, lacto ovo vegetarian, and fodmap friendly recipe has 104 calories, 1g of protein, and 9g of fat per serving. This recipe serves 15 and costs 27 cents per serving.

Ingredients

- | | |
|---|---|
| ☐ 1 large cabbage, shredded | ☐ 2 large carrots, grated |
| ☐ 1 tablespoon dried basil | ☐ 2 tablespoons prepared horseradish |
| ☐ 2 tablespoons fresh lemon juice | ☐ $\frac{3}{4}$ cup mayonnaise |
| ☐ 1 teaspoon freshly ground pepper | ☐ 2 tablespoons rice wine vinegar |
| ☐ 1 teaspoon seasoned salt | |

EQUIPMENT Bowl, Whisk

Method

- 1 Combine first 7 ingredients in a small bowl; stir well with a whisk.
- 2 Toss together cabbage and carrot in a large bowl.
- 3 Add dressing; toss to coat. Cover and chill.

Nutrition per serving

104

KCAL

1 g

PROTEIN

9 g

FAT

6 g

CARBS

Saturated Fat	1.4 g · 8% of daily needs
Fibre	2.6 g · 10% of daily needs
Sugar	3.4 g · 4% of daily needs
Sodium	256 mg · 11% of daily needs
Cholesterol	4.7 mg · 2% of daily needs
Vitamin C	32.3 mg · 39% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/horseradish-cole-slaw-148371