



Hot Charlotte Cocktail

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



45 min.

SERVINGS



1

CALORIES



256 kcal

BEVERAGE

DRINK

Ingredients

- 1.5 ounces hendrick's gin
- 1.5 ounces st. germain
- 0.5 ounce juice of lemon
- 1 serving cucumber
- 1 serving frangelico to taste
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Equipment

Directions

- In a cocktail glass, muddle cucumber with Tabasco
- Add spirits and shake well
- Strain over ice and garnish with a cucumber wheel

Nutrition Facts

PROTEIN 0.31% **FAT 0.45%** **CARBS 99.24%**

Properties

Glycemic Index:30, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.51217391304348%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Taste

Sweetness: 100%, Saltiness: 4.36%, Sourness: 79.63%, Bitterness: 56.55%, Savoriness: 5.52%, Fattiness: 4.95%, Spiciness: 0%

Nutrients (% of daily need)

Calories: 255.97kcal (12.8%), Fat: 0.04g (0.05%), Saturated Fat: 0.01g (0.04%), Carbohydrates: 17.5g (5.83%), Net Carbohydrates: 17.45g (6.35%), Sugar: 16.72g (18.57%), Cholesterol: 0mg (0%), Sodium: 0.59mg (0.03%), Alcohol: 14.2g (78.91%), Protein: 0.06g (0.11%), Vitamin C: 5.52mg (6.69%)