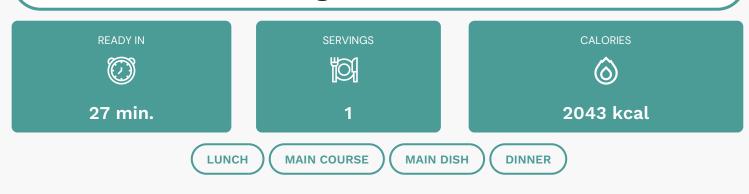


Hot Dogs 'n Crescents



Ingredients

8 hot dogs

0.3 cup milk
3 tablespoons relish drained
2 slices processed cheese food cut into 4 strips
1 tablespoon mustard yellow
1.8 cups baking mix original bisquick®

Equipment

baking sheet

oven
Directions
Heat oven to 425°F. Grease cookie sheet.
Mix Bisquick, milk and mustard until soft dough forms; beat 30 seconds. Turn dough onto surface dusted with Bisquick; roll in Bisquick to coat. Shape into ball; knead 10 times.
Roll dough into 13-inch circle; cut into 8 wedges.
Place about 1 teaspoon pickle relish and 1 cheese strip on each wedge about 1 inch from rounded edge. Top with hot dog.
Roll up, beginning at rounded edge.
Place crescents, with tips underneath, on cookie sheet.
Bake about 12 minutes or until golden brown.
Serve with additional pickle relish.
Nutrition Facts
PROTEIN 12.98% FAT 44.94% CARBS 42.08%

Properties

Glycemic Index:125, Glycemic Load:20.46, Inflammation Score:-9, Nutrition Score:52.147826127384%

Nutrients (% of daily need)

Calories: 2042.72kcal (102.14%), Fat: 102.43g (157.59%), Saturated Fat: 36.25g (226.55%), Carbohydrates: 215.82g (71.94%), Net Carbohydrates: 210.09g (76.4%), Sugar: 29.54g (32.82%), Cholesterol: 217.96mg (72.65%), Sodium: 6530.68mg (283.94%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 66.55g (133.11%), Phosphorus: 1970.47mg (197.05%), Selenium: 126.28µg (180.4%), Vitamin B1: 2.17mg (144.65%), Vitamin B2: 2.16mg (127.3%), Vitamin B3: 23.36mg (116.78%), Folate: 443.76µg (110.94%), Calcium: 1012.94mg (101.29%), Iron: 15.38mg (85.44%), Zinc: 10.1mg (67.35%), Vitamin B12: 3.76µg (62.67%), Manganese: 1.14mg (56.93%), Vitamin B5: 4.25mg (42.49%), Magnesium: 135.73mg (33.93%), Copper: 0.67mg (33.62%), Potassium: 1102.94mg (31.51%), Fiber: 5.73g (22.92%), Vitamin B6: 0.43mg (21.45%), Vitamin K: 15.21µg (14.49%), Vitamin A: 622.86IU (12.46%), Vitamin D: 1.15µg (7.64%), Vitamin E: 0.7mg (4.68%), Vitamin C: 1.5mg (1.82%)