



Hot Roasted Turkey Mountain

 Dairy Free

READY IN



15 min.

SERVINGS



15

CALORIES



117 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 12 oz campbell's chicken gravy warmed
- 6 oz stove top stuffing mix for chicken or turkey
- 1 lb turkey breast cooked sliced
- 6 slices bread white toasted

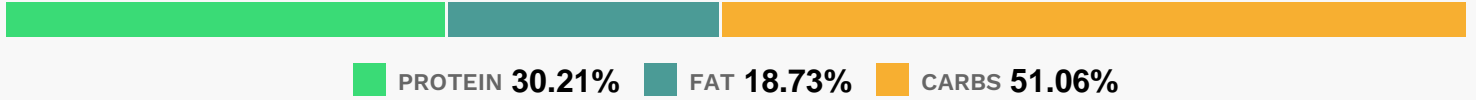
Equipment

Directions

Prepare stuffing as directed on package, using only 3 Tbsp. margarine.

Top toast slices with turkey, stuffing and gravy.

Nutrition Facts



Properties

Glycemic Index:4.99, Glycemic Load:3.51, Inflammation Score:-2, Nutrition Score:5.5678260443003%

Nutrients (% of daily need)

Calories: 116.74kcal (5.84%), Fat: 2.4g (3.69%), Saturated Fat: 0.65g (4.06%), Carbohydrates: 14.71g (4.9%), Net Carbohydrates: 14.12g (5.13%), Sugar: 1.87g (2.08%), Cholesterol: 18.26mg (6.09%), Sodium: 369.33mg (16.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 8.7g (17.41%), Selenium: 14.63µg (20.9%), Vitamin B3: 4.13mg (20.65%), Vitamin B6: 0.26mg (13.04%), Phosphorus: 98.65mg (9.87%), Vitamin B1: 0.13mg (8.55%), Folate: 32.27µg (8.07%), Vitamin B2: 0.11mg (6.69%), Manganese: 0.13mg (6.43%), Iron: 0.93mg (5.17%), Zinc: 0.59mg (3.91%), Magnesium: 14.8mg (3.7%), Calcium: 36.33mg (3.63%), Vitamin B5: 0.33mg (3.33%), Potassium: 112.78mg (3.22%), Vitamin B12: 0.19µg (3.21%), Copper: 0.06mg (2.76%), Fiber: 0.59g (2.37%), Vitamin A: 83.26IU (1.67%)