



Hot Turkey Salad with Rosemary Biscuits

 Gluten Free

READY IN



20 min.

SERVINGS



6

CALORIES



112 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- ☐ 1 cup celery stalks sliced
- ☐ 0.5 teaspoon rosemary dried crumbled
- ☐ 2 tablespoons spring onion sliced
- ☐ 0.8 cup milk
- ☐ 1 ounce parmesan shredded
- ☐ 0.3 cup bell pepper red chopped
- ☐ 0.3 cup salad dressing
- ☐ 2 cups turkey cooked

- ☐ 2 tablespoons frangelico
- ☐ 2.3 cups frangelico
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- ☐ 2.3 cups frangelico

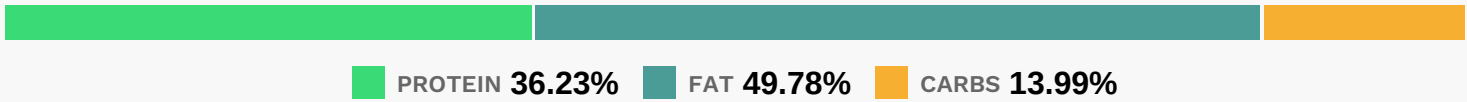
Equipment

- ☐ bowl
- ☐ oven

Directions

- ☐ Heat oven to 42
- ☐ Mix mayonnaise and 2 tablespoons Bisquick mix in medium bowl until well blended. Stir in turkey, cheese, celery, bell pepper and onions; set aside.
- ☐ Stir remaining ingredients just until soft dough forms.
- ☐ Place on surface sprinkled with Bisquick mix; roll in Bisquick mix to coat. Knead 10 times. Divide dough into 24 pieces; shape into balls.
- ☐ Place close together (stack balls if needed) around edge of ungreased 2-quart casserole.
- ☐ Spoon turkey mixture into mound in center of biscuits.
- ☐ Bake uncovered 20 to 22 minutes or until biscuits are golden brown and turkey mixture is hot.

Nutrition Facts



Properties

Glycemic Index:38.5, Glycemic Load:0.79, Inflammation Score:-4, Nutrition Score:7.0352173939995%

Flavonoids

Apigenin: 0.48mg, Apigenin: 0.48mg, Apigenin: 0.48mg, Apigenin: 0.48mg Luteolin: 0.23mg, Luteolin: 0.23mg, Luteolin: 0.23mg, Luteolin: 0.23mg Kaempferol: 0.07mg, Kaempferol: 0.07mg, Kaempferol: 0.07mg, Kaempferol: 0.07mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 112.22kcal (5.61%), Fat: 6.19g (9.52%), Saturated Fat: 2.13g (13.3%), Carbohydrates: 3.91g (1.3%), Net Carbohydrates: 3.41g (1.24%), Sugar: 3.2g (3.56%), Cholesterol: 30.73mg (10.24%), Sodium: 235.75mg (10.25%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 10.13g (20.27%), Vitamin K: 15.13µg (14.41%), Vitamin C: 11.54mg (13.99%), Vitamin B3: 2.73mg (13.66%), Vitamin B6: 0.27mg (13.28%), Phosphorus: 132.64mg (13.26%), Selenium: 8.98µg (12.83%), Calcium: 107.24mg (10.72%), Vitamin B12: 0.63µg (10.43%), Vitamin A: 463.35IU (9.27%), Vitamin B2: 0.14mg (8.08%), Zinc: 0.9mg (6.02%), Potassium: 199.37mg (5.7%), Vitamin B5: 0.47mg (4.73%), Magnesium: 17.78mg (4.44%), Folate: 13.82µg (3.46%), Vitamin B1: 0.05mg (3.06%), Vitamin D: 0.46µg (3.06%), Vitamin E: 0.46mg (3.05%), Iron: 0.45mg (2.5%), Fiber: 0.5g (1.99%), Manganese: 0.04mg (1.96%), Copper: 0.04mg (1.91%)