

How to Make OREO Turkeys for Thanksgiving

Popular







Ingredients

	36	oreo cookies	crushed finely
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- 1 package cream cheese softened ()
- 16 oz baker's chocolate sweet melted ()
- 48 servings candy corn
- 48 servings beef rib steak
- 48 servings chocolate icing

Equipment

- baking sheet
- wax paper

Directions Take a package of OREO cookies and crush them up finely. Take softened cream cheese and mix well with cookie crumbs. Roll into one inch cookie balls, and then freeze for 10 minutes. Dip cookie balls into melted chocolate and place on a prepared cookie sheet covered with wax paper. Place into the refrigerator for 15 minutes to an hour before decorating. Add 5 candy corn to the back of the ball as tail feathers. Use icing as glue to attach the candy eyes. Cut one candy corn into pieces, using the white tip as the nose, and the orange part (cut in half) as feet. Nutrition Facts

Properties

Glycemic Index:1.46, Glycemic Load:8.25, Inflammation Score:-4, Nutrition Score:25.430869565217%

Flavonoids

Catechin: 6.08mg, Catechin: 6.08mg, Catechin: 6.08mg, Catechin: 6.08mg Epicatechin: 13.4mg, Epicatechin: 13.4mg, Epicatechin: 13.4mg

Nutrients (% of daily need)

Calories: 835.44kcal (41.77%), Fat: 44.77g (68.88%), Saturated Fat: 19.56g (122.27%), Carbohydrates: 63.66g (21.22%), Net Carbohydrates: 61.83g (22.48%), Sugar: 53.93g (59.92%), Cholesterol: 142.62mg (47.54%), Sodium: 325.53mg (14.15%), Caffeine: 8.01mg (2.67%), Protein: 47.45g (94.9%), Zinc: 12.61mg (84.09%), Selenium: 56.81µg (81.16%), Vitamin B12: 3.76µg (62.7%), Vitamin B3: 11.49mg (57.46%), Vitamin B6: 0.91mg (45.45%), Vitamin B2: 0.67mg (39.2%), Phosphorus: 381.69mg (38.17%), Iron: 6.67mg (37.06%), Copper: 0.51mg (25.64%), Manganese: 0.46mg (22.77%), Magnesium: 83.29mg (20.82%), Potassium: 720.91mg (20.6%), Vitamin B1: 0.23mg (15.63%), Vitamin K: 10.51µg (10.01%), Fiber: 1.83g (7.32%), Vitamin E: 0.73mg (4.86%), Folate: 17.58µg (4.39%), Calcium: 32.66mg (3.27%), Vitamin A: 97.31IU (1.95%), Vitamin D: 0.23µg (1.51%)