



Hubby's Pizza Bread

READY IN



60 min.

SERVINGS



24

CALORIES



194 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 ounce active yeast dry
- ☐ 3.5 cups bread flour
- ☐ 1.5 tablespoons butter softened
- ☐ 1.3 cups milk
- ☐ 1 tablespoon parmesan cheese grated
- ☐ 16 ounces pepperoni sausage sliced
- ☐ 1 teaspoon salt
- ☐ 0.8 cup cheddar cheese shredded
- ☐ 1.5 tablespoons sugar white

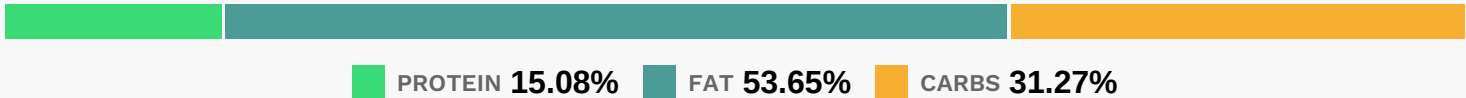
Equipment

- ☐ frying pan
- ☐ bread machine

Directions

- ☐ Place ingredients in the pan of the bread machine in the order recommended by the manufacturer.
- ☐ Select the Bread/Light Crust cycle, and press Start.

Nutrition Facts



Properties

Glycemic Index:11.67, Glycemic Load:9.4, Inflammation Score:-1, Nutrition Score:4.7626087302747%

Nutrients (% of daily need)

Calories: 194.09kcal (9.7%), Fat: 11.45g (17.62%), Saturated Fat: 4.79g (29.93%), Carbohydrates: 15.02g (5.01%), Net Carbohydrates: 14.5g (5.27%), Sugar: 1.43g (1.59%), Cholesterol: 25.45mg (8.48%), Sodium: 433.23mg (18.84%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 7.24g (14.48%), Selenium: 14.07µg (20.1%), Manganese: 0.26mg (12.95%), Phosphorus: 79.96mg (8%), Vitamin B1: 0.11mg (7.1%), Vitamin B3: 1.26mg (6.3%), Vitamin B2: 0.11mg (6.21%), Vitamin B12: 0.36µg (5.94%), Zinc: 0.83mg (5.54%), Calcium: 49.13mg (4.91%), Vitamin B6: 0.09mg (4.5%), Vitamin B5: 0.41mg (4.07%), Folate: 14.65µg (3.66%), Vitamin D: 0.41µg (2.72%), Potassium: 95.24mg (2.72%), Magnesium: 10.69mg (2.67%), Copper: 0.05mg (2.66%), Iron: 0.43mg (2.39%), Vitamin E: 0.32mg (2.15%), Fiber: 0.52g (2.07%), Vitamin A: 80IU (1.6%), Vitamin K: 1.34µg (1.28%)