



Indian Summer



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



2

CALORIES



106 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

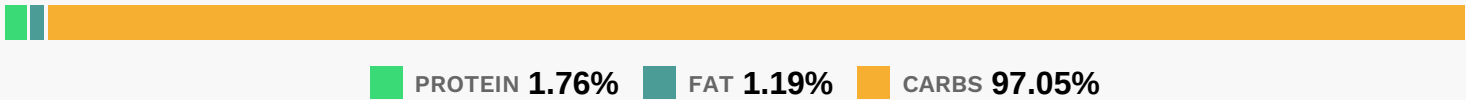
- ☐ 0.7 cup ice cubes crushed
- ☐ 2 tablespoons juice of lime fresh
- ☐ 2 slices cranberry-orange relish cut into quarters
- ☐ 2 slices pineapple cut into quarters
- ☐ 1 tablespoon sugar
- ☐ 1 teaspoon tamarind concentrate
- ☐ 0.3 cup vodka
- ☐ 3 tablespoons water

Equipment

Directions

- ☐
- Combine first 5 ingredients, stirring until sugar dissolves. Divide vodka mixture, ice, orange quarters, and pineapple quarters between 2 glasses.
- ☐
- Serve immediately.

Nutrition Facts



Properties

Glycemic Index:96.3, Glycemic Load:5.53, Inflammation Score:-1, Nutrition Score:0.82217391612737%

Flavonoids

Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.62mg, Hesperetin: 1.62mg, Hesperetin: 1.62mg, Hesperetin: 1.62mg Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg, Naringenin: 0.21mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 105.58kcal (5.28%), Fat: 0.05g (0.08%), Saturated Fat: 0.01g (0.07%), Carbohydrates: 9.7g (3.23%), Net Carbohydrates: 9.42g (3.43%), Sugar: 7.84g (8.71%), Cholesterol: 0mg (0%), Sodium: 6.72mg (0.29%), Alcohol: 10.02g (100%), Alcohol %: 8.04% (100%), Protein: 0.18g (0.35%), Vitamin C: 5.25mg (6.36%), Vitamin B1: 0.02mg (1.47%), Magnesium: 5.68mg (1.42%), Copper: 0.03mg (1.41%), Potassium: 43mg (1.23%), Fiber: 0.28g (1.1%)