

Irish Spritzer



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



188 kcal

BEVERAGE

DRINK

Ingredients

- 1 fluid ounce amaretto
- 2 fluid ounces seltzer water
- 1 serving ice cubes
- 1 fluid ounce baileys irish cream

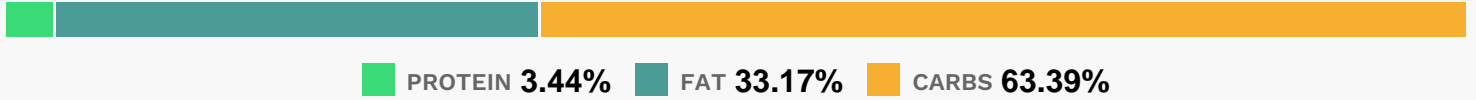
Equipment

Directions

Pour the club soda into a short glass over the ice cubes.

Add the amaretto and Irish cream liqueurs and stir.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.18347826146561%

Nutrients (% of daily need)

Calories: 187.77kcal (9.39%), Fat: 3.93g (6.05%), Saturated Fat: 2.4g (14.98%), Carbohydrates: 16.91g (5.64%), Net Carbohydrates: 16.91g (6.15%), Sugar: 15.44g (17.15%), Cholesterol: 0.01mg (0%), Sodium: 17.61mg (0.77%), Alcohol: 11.68g (100%), Alcohol %: 8.49% (100%), Caffeine: 7.69mg (2.56%), Protein: 0.92g (1.83%), Copper: 0.02mg (1.22%)