



## Irish Whisper



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



237 kcal

BEVERAGE

DRINK

## Ingredients



1 tablespoon club soda



0.5 fluid ounce rum / brandy / coffee liqueur flavored



1 tablespoon peppermint schnapps



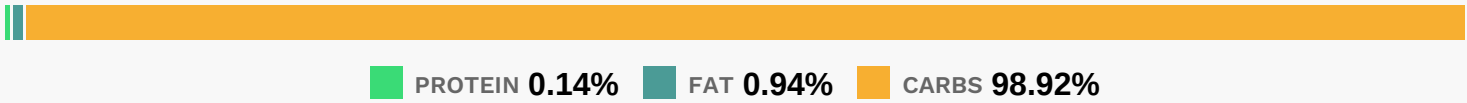
2 fluid ounces irish whiskey

## Equipment

## Directions

Fill a glass with ice, and pour in the whiskey, coffee liqueur, peppermint schnapps, and soda; stir to mix.

## Nutrition Facts



## Properties

Glycemic Index:15, Glycemic Load:0.01, Inflammation Score:-3, Nutrition Score:0.076956522367571%

## Nutrients (% of daily need)

Calories: 236.56kcal (11.83%), Fat: 0.04g (0.07%), Saturated Fat: 0.01g (0.09%), Carbohydrates: 10.47g (3.49%), Net Carbohydrates: 10.47g (3.81%), Sugar: 10.41g (11.57%), Cholesterol: 0mg (0%), Sodium: 4.29mg (0.19%), Alcohol: 24.5g (100%), Alcohol %: 30% (100%), Protein: 0.01g (0.03%)