

Italian Amaretto Margaritas

 Vegetarian  Vegan  Gluten Free  Dairy Free  Popular

READY IN



10 min.

SERVINGS



4

CALORIES



277 kcal

BEVERAGE

DRINK

Ingredients

- 4 fluid ounces amaretto
- 6 cups ice cubes
- 6 fluid ounces limeade concentrate frozen
- 0.5 cup orange juice
- 6 fluid ounces tequila
- 4 servings sugar white

Equipment

- bowl

blender

Directions

Dip the rims of 4 margarita glasses in amaretto, then into sugar; set aside.

Pour the limeaid, tequila, amaretto, orange juice, and ice into the bowl of a blender. Puree until smooth, then pour into prepared glasses.

Nutrition Facts

PROTEIN 0.78% **FAT 1.35%** **CARBS 97.87%**

Properties

Glycemic Index:34.27, Glycemic Load:10.02, Inflammation Score:-4, Nutrition Score:1.9204348305483%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 3.7mg, Hesperetin: 3.7mg, Hesperetin: 3.7mg, Hesperetin: 3.7mg Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg, Naringenin: 0.66mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 276.75kcal (13.84%), Fat: 0.19g (0.29%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 30.81g (10.27%), Net Carbohydrates: 30.75g (11.18%), Sugar: 29.99g (33.32%), Cholesterol: 0mg (0%), Sodium: 22.31mg (0.97%), Alcohol: 22.5g (100%), Alcohol %: 5.53% (100%), Caffeine: 7.69mg (2.56%), Protein: 0.25g (0.49%), Vitamin C: 16.88mg (20.45%), Copper: 0.1mg (4.98%), Folate: 9.74µg (2.44%), Vitamin B1: 0.03mg (2.18%), Magnesium: 8.73mg (2.18%), Potassium: 76.43mg (2.18%), Calcium: 15.36mg (1.54%), Vitamin A: 62IU (1.24%), Vitamin B2: 0.02mg (1.07%)