



Italian Herb Butter Pizza Crust

READY IN



30 min.

SERVINGS



6

CALORIES



195 kcal

CRUST

Ingredients

- ☐ 2 tablespoons butter softened
- ☐ 1 teaspoon basil dried
- ☐ 1 teaspoon oregano dried
- ☐ 1 can pizza dough refrigerated pillsbury®

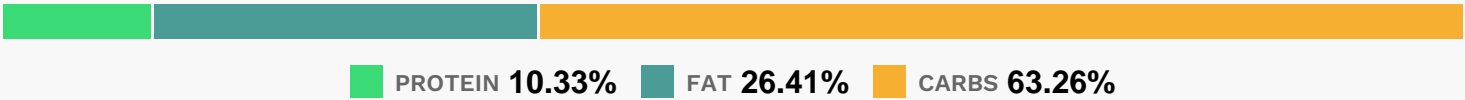
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 400°F. Grease large dark or nonstick cookie sheet with shortening or cooking spray. Unroll dough on cookie sheet. Press out dough to 15x10-inch rectangle.
- ☐ In small bowl, mix butter, basil and oregano.
- ☐ Spread over dough.
- ☐ Bake 7 minutes; remove from oven.
- ☐ Top partially baked crust with your favorite pizza toppings.
- ☐ Bake 7 to 9 minutes or until crust is golden brown.

Nutrition Facts



Properties

Glycemic Index:9.17, Glycemic Load:0.01, Inflammation Score:-3, Nutrition Score:1.3213043571652%

Nutrients (% of daily need)

Calories: 195.04kcal (9.75%), Fat: 5.83g (8.96%), Saturated Fat: 2.91g (18.18%), Carbohydrates: 31.4g (10.47%), Net Carbohydrates: 30.21g (10.99%), Sugar: 4.06g (4.51%), Cholesterol: 10.03mg (3.34%), Sodium: 501.37mg (21.8%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.13g (10.25%), Iron: 2.03mg (11.29%), Vitamin K: 5.26µg (5.01%), Fiber: 1.18g (4.73%), Vitamin A: 123.53IU (2.47%), Manganese: 0.03mg (1.65%), Vitamin E: 0.19mg (1.25%), Calcium: 10.18mg (1.02%)