



Italian Limoncello Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



3 min.

SERVINGS



1

CALORIES



423 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving splash club soda
- 1 sprig basil fresh for garnish
- 1 ounce grappa
- 1 serving ice cubes
- 0.5 optional: lemon with the rind cut in small pieces
- 2 ounces limoncello
- 1.5 ounces simple syrup glaze (equal amounts sugar and water heated until sugar dissolves; cool)

Equipment

Directions

- In a pint glass, add a few ice cubes, lemon pieces, basil, grappa and limoncello and muddle.
- Add in simple syrup, stir and strain into large ice filled glass. Top with club soda and garnish with fresh basil.

Nutrition Facts

PROTEIN 1.07% **FAT 0.64%** **CARBS 98.29%**

Properties

Glycemic Index:95.5, Glycemic Load:0.91, Inflammation Score:-5, Nutrition Score:3.9739130787227%

Flavonoids

Eriodictyol: 11.53mg, Eriodictyol: 11.53mg, Eriodictyol: 11.53mg, Eriodictyol: 11.53mg Hesperetin: 15.07mg, Hesperetin: 15.07mg, Hesperetin: 15.07mg, Hesperetin: 15.07mg Naringenin: 0.3mg, Naringenin: 0.3mg, Naringenin: 0.3mg, Naringenin: 0.3mg Luteolin: 1.03mg, Luteolin: 1.03mg, Luteolin: 1.03mg, Luteolin: 1.03mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.27mg, Myricetin: 0.27mg, Myricetin: 0.27mg, Myricetin: 0.27mg Quercetin: 0.62mg, Quercetin: 0.62mg, Quercetin: 0.62mg, Quercetin: 0.62mg

Nutrients (% of daily need)

Calories: 422.57kcal (21.13%), Fat: 0.17g (0.27%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 60.21g (20.07%), Net Carbohydrates: 58.67g (21.33%), Sugar: 56.3g (62.56%), Cholesterol: 0mg (0%), Sodium: 28.83mg (1.25%), Alcohol: 29.64g (100%), Alcohol %: 15.61% (100%), Protein: 0.66g (1.31%), Vitamin C: 28.98mg (35.13%), Iron: 1.92mg (10.66%), Vitamin K: 8.3µg (7.9%), Fiber: 1.54g (6.18%), Vitamin B1: 0.08mg (5.17%), Potassium: 107.23mg (3.06%), Magnesium: 10.42mg (2.61%), Calcium: 24.84mg (2.48%), Vitamin A: 117.38IU (2.35%), Vitamin B6: 0.05mg (2.32%), Copper: 0.05mg (2.26%), Vitamin B2: 0.04mg (2.23%), Manganese: 0.04mg (1.96%), Folate: 7.3µg (1.83%), Phosphorus: 13.16mg (1.32%), Vitamin B5: 0.11mg (1.07%)