

Jalapeno Margaritas

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



10 min.

SERVINGS



2

CALORIES



271 kcal

BEVERAGE

DRINK

Ingredients

- 1 tablespoon agave nectar
- 2 servings ice cubes
- 0.5 jalapeno diced seeded
- 2 servings kosher salt
- 1 lime cut into wedges
- 4 fluid ounces tequila
- 2 fluid ounces triple sec

Equipment

Directions

- Pour 1/4 to 1/2 inch of salt onto a small, shallow plate. Moisten the rim of two margarita glasses with water and dip into the salt. Fill with ice, and set aside.
- Pour the tequila, triple sec, lime juice, agave nectar, and jalapeno into a cocktail shaker over ice. Cover, and shake vigorously until the outside of the shaker has frosted. Strain into the prepared glasses, and garnish with lime wedges to serve.

Nutrition Facts

 PROTEIN 1.38%  FAT 2.2%  CARBS 96.42%

Properties

Glycemic Index:47, Glycemic Load:2.07, Inflammation Score:-4, Nutrition Score:2.230000011299%

Flavonoids

Hesperetin: 14.4mg, Hesperetin: 14.4mg, Hesperetin: 14.4mg, Hesperetin: 14.4mg Naringenin: 1.14mg, Naringenin: 1.14mg, Naringenin: 1.14mg, Naringenin: 1.14mg Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg, Luteolin: 0.05mg Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg

Nutrients (% of daily need)

Calories: 271.3kcal (13.57%), Fat: 0.22g (0.33%), Saturated Fat: 0.04g (0.26%), Carbohydrates: 21.29g (7.1%), Net Carbohydrates: 20.23g (7.36%), Sugar: 17.37g (19.3%), Cholesterol: 0mg (0%), Sodium: 200.74mg (8.73%), Alcohol: 27.44g (100%), Alcohol %: 18.05% (100%), Caffeine: 7.69mg (2.56%), Protein: 0.31g (0.61%), Vitamin C: 15.68mg (19.01%), Fiber: 1.06g (4.23%), Vitamin K: 3.21µg (3.06%), Copper: 0.06mg (2.88%), Vitamin B6: 0.05mg (2.71%), Vitamin E: 0.3mg (2.01%), Vitamin B1: 0.03mg (1.93%), Vitamin B2: 0.03mg (1.91%), Folate: 6.78µg (1.69%), Potassium: 53.36mg (1.52%), Iron: 0.26mg (1.46%), Calcium: 13.68mg (1.37%), Vitamin B3: 0.23mg (1.17%), Manganese: 0.02mg (1.14%), Phosphorus: 11.18mg (1.12%), Vitamin A: 54.48IU (1.09%), Magnesium: 4.09mg (1.02%)