



Jamaican Gin and Gingers



Vegetarian



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



263 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup candied ginger chopped
- ☐ 2.5 cups hendrick's gin
- ☐ 6.7 cups jamaican ginger beer cold
- ☐ 10 servings honey
- ☐ 0.5 cup sugar

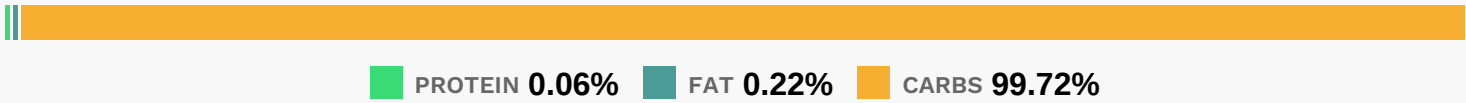
Equipment

- ☐ bowl

Directions

- ☐ In a mini-processor, combine the sugar and candied ginger and process to a coarse powder.
- ☐ Transfer to a shallow bowl. Lightly brush the rims of 10 red-wine glasses or water goblets with honey. Dip the glasses into the ginger sugar and then, if you wish, freeze the glasses until ready to use; do not freeze your best crystal.
- ☐ Fill each glass halfway with ice cubes and add 1/4 cup of gin.
- ☐ Pour 2/3 cup of ginger beer into each glass and serve.

Nutrition Facts



Properties

Glycemic Index:20.04, Glycemic Load:18.67, Inflammation Score:-2, Nutrition Score:0.4169565225425%

Nutrients (% of daily need)

Calories: 263.12kcal (13.16%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0%), Carbohydrates: 32.27g (10.76%), Net Carbohydrates: 32.25g (11.73%), Sugar: 32.38g (35.98%), Cholesterol: 0mg (0%), Sodium: 12.52mg (0.54%), Alcohol: 20.04g (100%), Alcohol %: 10.68% (100%), Protein: 0.02g (0.04%), Copper: 0.04mg (2.21%), Iron: 0.34mg (1.9%), Manganese: 0.04mg (1.86%)