



## Japanese Soho Cocktail

 **Gluten Free**  **Dairy Free**

READY IN



**2 min.**

SERVINGS



**1**

CALORIES



**142 kcal**

BEVERAGE

DRINK

### Ingredients

- 1.5 teaspoons curacao blue
- 1 slice optional: lemon
- 4 fluid ounces pink lemonade kool-aid
- 0.5 fluid ounce lychee liqueur
- 0.8 fluid ounce vodka

### Equipment

## Directions

- Pour the vodka, lemonade, blue curacao, and lychee liqueur into a cocktail shaker over ice. Cover, and shake until the outside of the shaker has frosted. Strain into a chilled martini glass, and garnish with a lemon slice to serve.

## Nutrition Facts

■ PROTEIN **0.98%** ■ FAT **0.95%** ■ CARBS **98.07%**

## Properties

Glycemic Index:158.5, Glycemic Load:10.99, Inflammation Score:-2, Nutrition Score:1.1999999739068%

## Flavonoids

Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg, Eriodictyol: 1.5mg Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg, Hesperetin: 1.95mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

## Nutrients (% of daily need)

Calories: 141.79kcal (7.09%), Fat: 0.09g (0.13%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 19.92g (6.64%), Net Carbohydrates: 19.53g (7.1%), Sugar: 17.72g (19.69%), Cholesterol: 0mg (0%), Sodium: 8.01mg (0.35%), Alcohol: 9.62g (100%), Alcohol %: 7.19% (100%), Protein: 0.2g (0.4%), Vitamin C: 14.28mg (17.31%), Fiber: 0.39g (1.55%), Copper: 0.03mg (1.33%), Vitamin B6: 0.02mg (1.02%)