

JELL-O® Pudding Eggs

READY IN
SERVINGS
T5 min.

Gluten Free

Dairy Free

calories

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216 kcal

DESSERT

Ingredients

	0.3 cup butter	softened
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- 1 pkg peach pie filling instant (4 serving size)
- 3 cups powdered sugar
- 8 squares semi chocolate chips
- 0.3 cup water boiling

Equipment

- bowl
- wax paper

Nutrition Facts		
	Drizzle white chocolate over eggs; let stand until set. Store in airtight container in refrigerator.	
	Microwave semi-sweet chocolate in microwavable bowl on HIGH 1-1/2 to 2 minutes or until slightly melted. Stir until chocolate is completely melted. Dip eggs into chocolate. Refrigerate on wax paper-covered tray 15 minutes or until chocolate is firm. Meanwhile, microwave white chocolate in separate microwavable bowl on HIGH 1-1/2 to 2 minutes or until slightly melted. Stir until chocolate is completely melted.	
	Mix butter and dry pudding mix in large bowl. Gradually add boiling water, stirring until well blended. Stir in powdered sugar, 1 cup at a time, mixing well after each addition until mixture forms a ball. Shape scant tablespoonfuls of the pudding mixture into 30 small eggs, each about 1–1/2 inches long. (If pudding mixture is too soft, refrigerate about 15 minutes to firm slightly before shaping.) Refrigerate 30 minutes or until eggs are firm.	
Directions		
	microwave	

PROTEIN 1.75% 📕 FAT 40.15% 📒 CARBS 58.1%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:2.5173912911635%

Nutrients (% of daily need)

Calories: 216.16kcal (10.81%), Fat: 9.78g (15.05%), Saturated Fat: 4.13g (25.83%), Carbohydrates: 31.84g (10.61%), Net Carbohydrates: 30.65g (11.14%), Sugar: 28.96g (32.18%), Cholesterol: 0.9mg (0.3%), Sodium: 49.84mg (2.17%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 12.84mg (4.28%), Protein: 0.96g (1.92%), Manganese: 0.2mg (9.94%), Copper: 0.19mg (9.45%), Magnesium: 26.49mg (6.62%), Iron: 0.96mg (5.32%), Fiber: 1.2g (4.78%), Phosphorus: 39.99mg (4%), Vitamin A: 187.92lU (3.76%), Zinc: 0.4mg (2.66%), Potassium: 87.3mg (2.49%), Selenium: 1.4µg (2%), Vitamin E: 0.24mg (1.63%), Calcium: 11.17mg (1.12%), Vitamin K: 1.08µg (1.02%)