



Johnsonville® Three Cheese Italian Style Chicken Sausage Skillet Pizza

READY IN



30 min.

SERVINGS



6

CALORIES



1529 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 12 ounce three chicken sausage italian sliced johnsonville® cheese style
- 3.5 ounce pepperoni sliced
- 12 inch pre-baked pizza crust
- 14 ounce pizza sauce
- 1.5 cups mozzarella cheese shredded

Equipment

- frying pan

oven

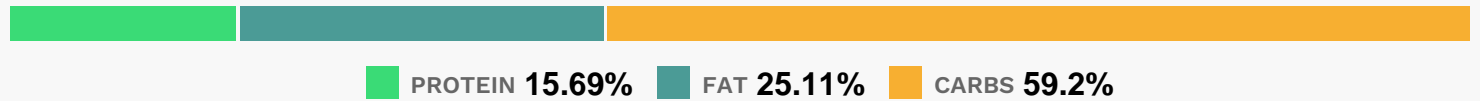
Directions

Top pizza crust with cheese.

Bake crust according to package directions. Meanwhile, in a 12-inch skillet, combine the pizza sauce, sausage and pepperoni. Bring to a simmer, stirring occasionally. Reduce heat to low.

Cut pizza crust into squares; arrange over sausage mixture in skillet.

Nutrition Facts



Properties

Glycemic Index:16.67, Glycemic Load:1.35, Inflammation Score:-3, Nutrition Score:13.49260899295%

Nutrients (% of daily need)

Calories: 1529.32kcal (76.47%), Fat: 42.63g (65.58%), Saturated Fat: 18.56g (116.03%), Carbohydrates: 226.12g (75.37%), Net Carbohydrates: 218.3g (79.38%), Sugar: 10.15g (11.28%), Cholesterol: 78.19mg (26.06%), Sodium: 3727.38mg (162.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 59.94g (119.88%), Iron: 13.75mg (76.41%), Calcium: 564.67mg (56.47%), Fiber: 7.82g (31.27%), Phosphorus: 143.11mg (14.31%), Vitamin B12: 0.85µg (14.22%), Selenium: 9.95µg (14.22%), Vitamin A: 675.85IU (13.52%), Vitamin B2: 0.16mg (9.69%), Zinc: 1.37mg (9.11%), Manganese: 0.18mg (8.88%), Vitamin E: 1.18mg (7.84%), Vitamin B3: 1.51mg (7.55%), Potassium: 263.05mg (7.52%), Vitamin B6: 0.14mg (6.75%), Vitamin C: 5.42mg (6.57%), Copper: 0.09mg (4.71%), Magnesium: 18.5mg (4.62%), Vitamin B1: 0.07mg (4.61%), Vitamin B5: 0.44mg (4.4%), Vitamin K: 3.46µg (3.29%), Folate: 8.74µg (2.19%), Vitamin D: 0.33µg (2.18%)