

# **Jolly Snowman Cookies**

airy Free







DESSERT

## **Ingredients**

| 17.5 oz sugar cookie mix |
|--------------------------|
|--------------------------|

- 0.5 cup butter softened
- 1 eggs
- 12 oz vanilla frosting white
- 1 serving licorice rounds black red
- 0.3 cup raisins
- 0.3 cup cinnamon candies red

## **Equipment**

|                 | bowl  |
|-----------------|---|
|                 | baking sheet  |
|                 | oven  |
| Directions      |   |
|                 | Heat oven to 375°F. Stir cookie mix, butter and egg in medium bowl until soft dough forms. On ungreased cookie sheets, drop dough by rounded tablespoonfuls 3 inches apart. |
|                 | Bake 7 to 9 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 30 minutes.                    |
|                 | Frost and decorate one cookie at a time.  |
|                 | Spread frosting on 1 cookie.  |
|                 | Add licorice across top third of cookie for hat, 3 raisins for eyes and nose and 5 candies for mouth. Repeat with remaining cookies.  |
| Nutrition Facts |   |
|                 |   |
|                 | PROTEIN 2.23% FAT 34.89% CARBS 62.88%   |

#### **Properties**

Glycemic Index:4.24, Glycemic Load:4.99, Inflammation Score:-1, Nutrition Score:0.95130434114%

#### **Nutrients** (% of daily need)

Calories: 189.81kcal (9.49%), Fat: 7.41g (11.39%), Saturated Fat: 1.27g (7.95%), Carbohydrates: 30.03g (10.01%), Net Carbohydrates: 29.89g (10.87%), Sugar: 20.1g (22.34%), Cholesterol: 6.82mg (2.27%), Sodium: 133.1mg (5.79%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.06g (2.13%), Vitamin B2: 0.06mg (3.74%), Vitamin A: 179.06IU (3.58%), Vitamin E: 0.38mg (2.55%), Vitamin K: 1.85µg (1.76%), Folate: 5.41µg (1.35%), Vitamin B1: 0.02mg (1.15%), Iron: 0.18mg (1.01%)