



Jolly Snowman Faces



Dairy Free



Popular

READY IN



75 min.

SERVINGS



24

CALORIES



269 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 cup butter softened
- ☐ 1 eggs
- ☐ 12 oz fluffy frosting white betty crocker®
- ☐ 24 servings m&m candies assorted
- ☐ 24 servings green beans red
- ☐ 1 pouch sugar cookie mix betty crocker® (1 lb 1.5 oz)

Equipment

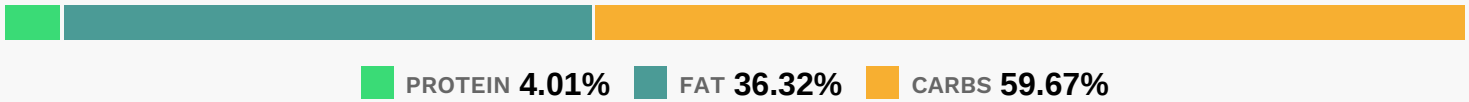
- ☐ bowl

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Heat oven to 375°F. In medium bowl, stir cookie mix, butter and egg until soft dough forms. On ungreased cookie sheets, drop dough by rounded tablespoonfuls 2 inches apart.
- ☐ Bake 11 to 14 minutes or until edges are light golden brown. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 15 minutes.
- ☐ Frost and decorate 1 cookie at a time. After spreading frosting on cookie, add licorice for band of earmuffs and candies for ear "covers" and snowman face.

Nutrition Facts



Properties

Glycemic Index:3.71, Glycemic Load:5.22, Inflammation Score:-5, Nutrition Score:4.8204348016044%

Flavonoids

Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg, Kaempferol: 0.25mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg, Quercetin: 1.5mg

Nutrients (% of daily need)

Calories: 269.42kcal (13.47%), Fat: 11.02g (16.95%), Saturated Fat: 3.47g (21.66%), Carbohydrates: 40.74g (13.58%), Net Carbohydrates: 38.85g (14.13%), Sugar: 29.71g (33.02%), Cholesterol: 9.07mg (3.02%), Sodium: 145.83mg (6.34%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.73g (5.47%), Vitamin K: 25.5µg (24.28%), Vitamin A: 592.16IU (11.84%), Vitamin C: 6.81mg (8.25%), Fiber: 1.89g (7.56%), Vitamin B2: 0.12mg (6.89%), Manganese: 0.12mg (5.97%), Folate: 23.5µg (5.87%), Iron: 0.88mg (4.89%), Calcium: 40.62mg (4.06%), Vitamin E: 0.61mg (4.05%), Vitamin B6: 0.08mg (4.05%), Vitamin B1: 0.06mg (4.01%), Potassium: 125.39mg (3.58%), Magnesium: 14.25mg (3.56%), Phosphorus: 28.17mg (2.82%), Vitamin B3: 0.52mg (2.6%), Copper: 0.04mg (1.96%), Vitamin B5: 0.16mg (1.64%), Selenium: 0.91µg (1.3%), Zinc: 0.17mg (1.1%)