



Kahlua Ginger Ale

 **Gluten Free**  **Dairy Free**  **Low Fod Map**

READY IN



45 min.

SERVINGS



1

CALORIES



182 kcal

BEVERAGE

DRINK

Ingredients

- 8 fluid ounces ginger ale
- 1 fluid ounce kahlua liqueur

Equipment

Directions

- Fill a glass with ice, add Kahlua and mix in ginger ale. Stir and enjoy!

Nutrition Facts

PROTEIN 0.08% FAT 0.57% CARBS 99.35%

Properties

Glycemic Index:63, Glycemic Load:13.06, Inflammation Score:-1, Nutrition Score:0.37130434519571%

Nutrients (% of daily need)

Calories: 181.86kcal (9.09%), Fat: 0.09g (0.14%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 34.56g (11.52%), Net Carbohydrates: 34.56g (12.57%), Sugar: 34.89g (38.77%), Cholesterol: 0mg (0%), Sodium: 18.92mg (0.82%), Alcohol: 6.42g (100%), Alcohol %: 3.06% (100%), Protein: 0.03g (0.06%), Iron: 0.43mg (2.37%), Copper: 0.04mg (2.13%), Manganese: 0.03mg (1.54%)