



Kahlua White Chocolate Latte

 Gluten Free

READY IN



45 min.

SERVINGS



1

CALORIES



439 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving mrs richardson's butterscotch caramel sauce
- 1 fluid ounce chocolate liqueur white
- 1 shot espresso grounds brewed
- 1 fluid ounce kahlua mocha
- 0.5 cup milk
- 1 serving sea salt
- 1 serving whipped cream

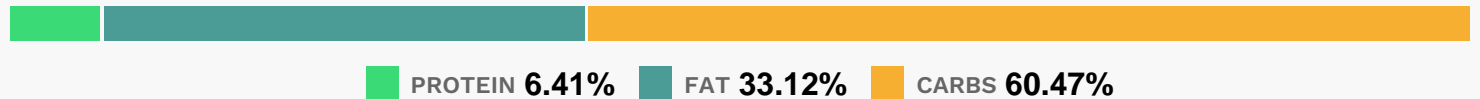
Equipment

microwave

Directions

- In microwave safe glass, microwave milk until hot, 60 to 90 seconds.
- Combine Kahlua Mocha, white chocolate liqueur, espresso/coffee, and hot milk in a coffee mug. Stir to combine.
- Top with whipped cream, caramel sauce, and sprinkle of sea salt.

Nutrition Facts



Properties

Glycemic Index:163, Glycemic Load:14.79, Inflammation Score:-4, Nutrition Score:7.0799999930288%

Nutrients (% of daily need)

Calories: 438.53kcal (21.93%), Fat: 14.87g (22.88%), Saturated Fat: 8.89g (55.58%), Carbohydrates: 61.09g (20.36%), Net Carbohydrates: 61.03g (22.19%), Sugar: 60.43g (67.15%), Cholesterol: 25.41mg (8.47%), Sodium: 410.21mg (17.84%), Alcohol: 6.42g (100%), Alcohol %: 3.16% (100%), Caffeine: 63.6mg (21.2%), Protein: 6.48g (12.96%), Calcium: 235.28mg (23.53%), Phosphorus: 198.3mg (19.83%), Vitamin B2: 0.31mg (18.16%), Vitamin B12: 0.91µg (15.23%), Magnesium: 44.85mg (11.21%), Potassium: 337.33mg (9.64%), Vitamin B3: 1.92mg (9.58%), Vitamin D: 1.37µg (9.11%), Vitamin B5: 0.72mg (7.25%), Selenium: 4.25µg (6.08%), Vitamin B1: 0.09mg (5.96%), Vitamin A: 283.61IU (5.67%), Zinc: 0.76mg (5.04%), Vitamin B6: 0.09mg (4.7%), Vitamin K: 3.2µg (3.05%), Vitamin E: 0.41mg (2.71%), Manganese: 0.04mg (2.14%), Copper: 0.03mg (1.74%)