

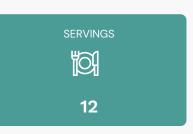
Key Lime Cheesecake

🐎 Vegetarian 💝 Popular

READY IN

CO

45 min.





DESSERT

Ingredients

0.5 teaspoon salt

16 ounce cream cheese room temperature
6 large egg yolks
2 large eggs
1.8 cups graham cracker crumbs whole (12 graham crackers
1 slices lime thin
3 tablespoons regular lime juice fresh
1 tablespoon regular lime peel grated

П	16 ounce cup heavy whipping cream sour	
	0.7 cup sugar	
	0.5 cup butter unsalted melted (1 stick)	
Equipment		
	bowl	
	frying pan	
	sauce pan	
	oven	
	knife	
	whisk	
	baking pan	
	aluminum foil	
	springform pan	
Directions		
	Whisk all ingredients in heavy small saucepan over medium heat until custard thickens and boils for 30 seconds, about 8 minutes. Cool to room temperature, stirring occasionally (mixture will thicken).	
	Preheat oven to 350°F. Wrap 3 layers of foil around outside of 8- to 8 1/2-inch-diameter springform pan with 3-inch-high sides. Butter pan. Stir first 3 ingredients to blend in medium bowl.	
	Mix in butter until moistened. Press crumb mixture evenly onto bottom and 11/2 inches up sides of prepared pan.	
	Bake just until set, about 5 minutes. Cool completely. Maintain oven temperature.	
	Place cream cheese, 2/3 cup sugar, eggs, lime juice, and lime peel in processor; blend well.	
	Spoon custard into crust; smooth top. Carefully spoon filling over. Set cheesecake in large baking pan.	
	Add enough hot water to baking pan to come 1 inch up sides of cheesecake pan.	

	Nutrition Facts
	Garnish with lime slices and serve.
	loosen. Cool cheesecake completely. Cover and refrigerate overnight. Do ahead Can be made 2 days ahead. Keep refrigerated. Release pan sides from cheesecake; transfer to platter.
	Bake until topping sets, about 10 minutes. Cool 10 minutes. Run knife around sides of pan to
	Carefully spoon sour cream mixture over hot cheesecake; smooth top.
	Meanwhile, stir sour cream and remaining 3 tablespoons sugar in medium bowl to blend.
Ш	about 45 minutes.
	Bake until almost set but not puffed and center moves slightly when pan is gently shaken,

Properties

Glycemic Index:19.59, Glycemic Load:14.95, Inflammation Score:-6, Nutrition Score:6.711304332899%

Flavonoids

Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg Hesperetin: 0.8mg, Hesperetin: 0.8mg, Hesperetin: 0.8mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

PROTEIN 6.33% FAT 69.68% CARBS 23.99%

Nutrients (% of daily need)

Calories: 410.22kcal (20.51%), Fat: 32.32g (49.72%), Saturated Fat: 17.58g (109.85%), Carbohydrates: 25.04g (8.35%), Net Carbohydrates: 24.58g (8.94%), Sugar: 16.78g (18.65%), Cholesterol: 203.61mg (67.87%), Sodium: 325.19mg (14.14%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 6.61g (13.22%), Vitamin A: 1149.49IU (22.99%), Selenium: 12.14µg (17.34%), Vitamin B2: 0.27mg (15.82%), Phosphorus: 146.56mg (14.66%), Calcium: 103.48mg (10.35%), Vitamin B5: 0.74mg (7.42%), Folate: 28.38µg (7.09%), Vitamin B12: 0.42µg (6.98%), Vitamin E: 1.01mg (6.7%), Zinc: 0.87mg (5.79%), Iron: 0.97mg (5.39%), Vitamin D: 0.77µg (5.12%), Vitamin B6: 0.09mg (4.75%), Vitamin B1: 0.06mg (4.28%), Potassium: 147.6mg (4.22%), Magnesium: 16.39mg (4.1%), Vitamin B3: 0.55mg (2.76%), Vitamin C: 1.78mg (2.16%), Vitamin K: 2.14µg (2.03%), Fiber: 0.46g (1.85%), Copper: 0.03mg (1.7%)