



Key Lime Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



8 min.

SERVINGS



1

CALORIES



296 kcal

BEVERAGE

DRINK

Ingredients

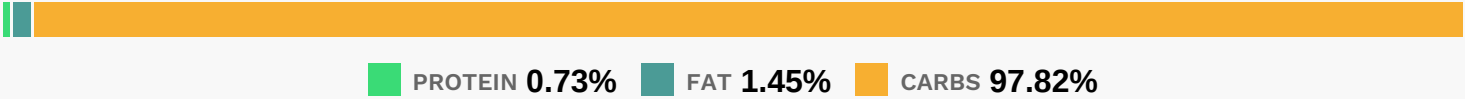
- ☐ 1 serving coarse salt
- ☐ 0.3 cup key lime juice fresh
- ☐ 1 serving lime wedges
- ☐ 1 tablespoon premium orange liqueur
- ☐ 2 tablespoons simple syrup glaze
- ☐ 3 tablespoons tequila

Equipment

Directions

- ☐
- Rub rim of a rocks or margarita glass with lime wedge, then dip in coarse salt.
- ☐
- Combine Key lime juice and remaining ingredients in an ice-filled shaker. Shake vigorously, and pour into prepared glass.

Nutrition Facts



Properties

Glycemic Index:62, Glycemic Load:4.83, Inflammation Score:-3, Nutrition Score:3.4947826240374%

Flavonoids

Eriodictyol: 1.32mg, Eriodictyol: 1.32mg, Eriodictyol: 1.32mg, Eriodictyol: 1.32mg Hesperetin: 5.86mg, Hesperetin: 5.86mg, Hesperetin: 5.86mg, Hesperetin: 5.86mg Naringenin: 0.26mg, Naringenin: 0.26mg, Naringenin: 0.26mg, Naringenin: 0.26mg Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg

Nutrients (% of daily need)

Calories: 295.77kcal (14.79%), Fat: 0.28g (0.43%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 42.12g (14.04%), Net Carbohydrates: 41.76g (15.19%), Sugar: 34.43g (38.25%), Cholesterol: 0mg (0%), Sodium: 198.35mg (8.62%), Alcohol: 18.93g (100%), Alcohol %: 14.63% (100%), Caffeine: 3.9mg (1.3%), Protein: 0.31g (0.63%), Vitamin C: 25.58mg (31.01%), Vitamin K: 9.82µg (9.35%), Vitamin B6: 0.12mg (6.11%), Vitamin B2: 0.08mg (4.83%), Folate: 18.73µg (4.68%), Vitamin B1: 0.07mg (4.66%), Vitamin E: 0.55mg (3.65%), Potassium: 78.93mg (2.26%), Vitamin B3: 0.4mg (2.02%), Copper: 0.04mg (1.82%), Magnesium: 5.78mg (1.44%), Fiber: 0.35g (1.42%), Manganese: 0.02mg (1.21%), Phosphorus: 11.77mg (1.18%), Selenium: 0.82µg (1.18%)