



Key Lime Margaritas



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



15 min.

SERVINGS



4

CALORIES



105 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 2 teaspoons superfine granulated sugar
- ☐ 1 key lime quartered
- ☐ 0.5 cup key lime juice fresh
- ☐ 0.5 cup reposado tequila
- ☐ 0.8 cup cointreau orange-flavored

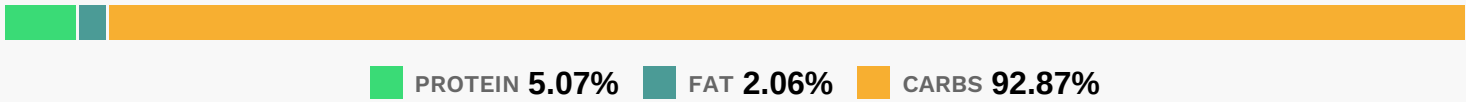
Equipment

- ☐ blender

Directions

- ☐ Run a lime wedge (if using) around rim of each of 4 (6-to 8-ounces) glasses. Put salt (if using) on a small plate and dip glasses in salt to lightly coat rims.
- ☐ Blend liqueur, tequila, juice, and sugar (if using) in a blender until combined.
- ☐ Serve over ice (in coated glasses).

Nutrition Facts



Properties

Glycemic Index:39.9, Glycemic Load:3.16, Inflammation Score:-4, Nutrition Score:3.1956520935763%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 19.11mg, Hesperetin: 19.11mg, Hesperetin: 19.11mg, Hesperetin: 19.11mg Naringenin: 5.85mg, Naringenin: 5.85mg, Naringenin: 5.85mg, Naringenin: 5.85mg Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg, Myricetin: 0.05mg Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg

Nutrients (% of daily need)

Calories: 105.45kcal (5.27%), Fat: 0.1g (0.16%), Saturated Fat: 0.01g (0.07%), Carbohydrates: 10.28g (3.43%), Net Carbohydrates: 8.88g (3.23%), Sugar: 5.95g (6.61%), Cholesterol: 0mg (0%), Sodium: 1.26mg (0.05%), Alcohol: 10.02g (100%), Alcohol %: 11.26% (100%), Protein: 0.56g (1.12%), Vitamin C: 31.9mg (38.67%), Fiber: 1.4g (5.6%), Folate: 14.49µg (3.62%), Potassium: 114.21mg (3.26%), Vitamin B1: 0.04mg (2.92%), Calcium: 23.28mg (2.33%), Copper: 0.04mg (2.03%), Vitamin A: 99.44IU (1.99%), Vitamin B6: 0.04mg (1.96%), Magnesium: 6.8mg (1.7%), Vitamin B5: 0.16mg (1.58%), Vitamin B2: 0.02mg (1.35%), Phosphorus: 13.18mg (1.32%), Vitamin E: 0.16mg (1.09%), Manganese: 0.02mg (1.04%)