



Key Lime Pie Cupcakes

READY IN



185 min.

SERVINGS



24

CALORIES



335 kcal

DESSERT

Ingredients

- ☐ 6 tablespoons butter softened
- ☐ 1 lb cream cheese frosting
- ☐ 4 egg yolk
- ☐ 6 oz graham crackers
- ☐ 1 drop drop natural food coloring green
- ☐ 0.8 cup juice of lime fresh
- ☐ 4 teaspoons lime zest grated
- ☐ 1 pouch sugar cookie mix (1 lb 1.5 oz)
- ☐ 28 oz condensed milk sweetened canned (not evaporated)

☐ 1 eggs whole

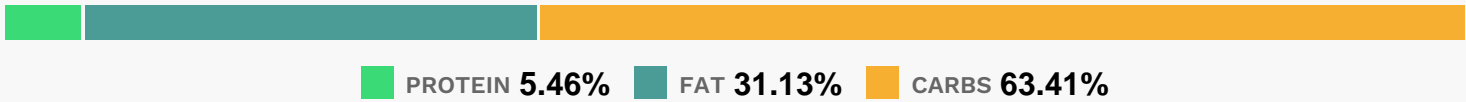
Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer
- ☐ muffin liners

Directions

- ☐ Heat oven to 375F.
- ☐ Place paper baking cup in each of 24 regular-size muffin cups. In large bowl, stir cookie mix, butter, 3 teaspoons of the lime peel and the whole egg until soft dough forms. Drop dough by heaping tablespoonfuls into muffin cups; use fingers to flatten.
- ☐ Bake 12 minutes. Cool in pans on cooling racks.
- ☐ In medium bowl, beat egg yolks, condensed milk, lime juice and food color with electric mixer on medium speed about 1 minute or until well blended.
- ☐ Pour evenly into partially baked crusts, filling each about three-fourths full.
- ☐ Bake 12 to 14 minutes or until edges are set and centers are still soft. Cool 20 minutes. Cover; refrigerate until chilled, at least 2 hours but no longer than 2 days. Stir remaining 1 teaspoon lime peel into frosting. Frost cupcakes.
- ☐ Garnish with graham cracker chunks. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:6.96, Glycemic Load:14.8, Inflammation Score:-2, Nutrition Score:4.1134782550128%

Flavonoids

Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg, Eriodictyol: 0.17mg Hesperetin: 0.82mg, Hesperetin: 0.82mg, Hesperetin: 0.82mg, Hesperetin: 0.82mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 335.29kcal (16.76%), Fat: 11.76g (18.1%), Saturated Fat: 3.71g (23.22%), Carbohydrates: 53.91g (17.97%), Net Carbohydrates: 53.63g (19.5%), Sugar: 41.38g (45.98%), Cholesterol: 50.47mg (16.82%), Sodium: 221.06mg (9.61%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.64g (9.28%), Phosphorus: 115.82mg (11.58%), Vitamin B2: 0.19mg (11.15%), Calcium: 107.21mg (10.72%), Selenium: 7.24µg (10.34%), Vitamin A: 270.61IU (5.41%), Potassium: 158.32mg (4.52%), Vitamin B1: 0.07mg (4.45%), Folate: 16.26µg (4.07%), Vitamin C: 3.23mg (3.92%), Vitamin B5: 0.38mg (3.79%), Vitamin B12: 0.22µg (3.73%), Zinc: 0.55mg (3.67%), Magnesium: 14.26mg (3.56%), Iron: 0.58mg (3.24%), Vitamin B3: 0.44mg (2.18%), Vitamin B6: 0.04mg (2.05%), Vitamin E: 0.28mg (1.84%), Vitamin D: 0.26µg (1.77%), Fiber: 0.28g (1.12%)