



Kir Champagne Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



6

CALORIES



81 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 3 cups champagne chilled
- ☐ 6 tablespoons creme de cassis (black-currant-flavored liqueur)
- ☐ 6 coarsely sugar cubes

Equipment

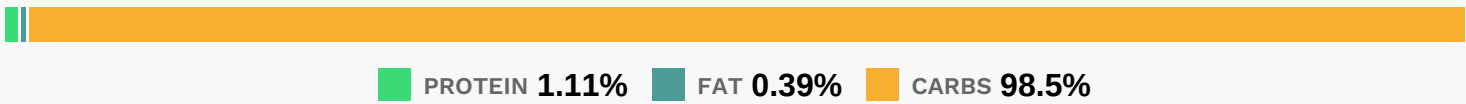
Directions

- ☐ Place 1 sugar cube in the bottom of each of 6 Champagne glasses.

☐

Add 1 tablespoon crme de cassis and 1/2 cup Champagne to each of the glasses.

Nutrition Facts



Properties

Glycemic Index:11.68, Glycemic Load:2.79, Inflammation Score:-3, Nutrition Score:0.70565217506626%

Nutrients (% of daily need)

Calories: 80.76kcal (4.04%), Fat: 0.01g (0.02%), Saturated Fat: 0g (0%), Carbohydrates: 7.33g (2.44%), Net Carbohydrates: 7.33g (2.67%), Sugar: 7.32g (8.13%), Cholesterol: 0mg (0%), Sodium: 10.07mg (0.44%), Alcohol: 7.55g (100%), Alcohol %: 7% (100%), Protein: 0.08g (0.17%), Magnesium: 11.95mg (2.99%), Potassium: 104.07mg (2.97%), Iron: 0.48mg (2.67%), Phosphorus: 17.7mg (1.77%), Vitamin B6: 0.02mg (1.18%), Calcium: 11.4mg (1.14%)