



Kitchen Sink Cookie Pops

READY IN



65 min.

SERVINGS



16

CALORIES



317 kcal

Ingredients

- 17.5 oz chocolate chip cookie mix
- 0.5 cup butter softened
- 1 eggs
- 0.8 cup pecans chopped
- 0.5 cup coconut flakes flaked
- 2.8 oz heath candy bars english chopped
- 16 celery stalks (with round ends)
- 3 oz baker's chocolate chopped

Equipment

- bowl
- baking sheet
- oven
- microwave

Directions

- Heat oven to 375°F. In large bowl, stir cookie mix, butter and egg until soft dough forms. Stir in pecans, coconut and toffee until well blended.
- Shape dough into 2-inch balls. On ungreased cookie sheets, place balls 2 inches apart. Flatten slightly. Insert 1 craft stick halfway into each dough ball.
- Bake 13 to 14 minutes or until set. Cool 2 minutes; remove from cookie sheets to cooling racks. Cool completely.
- In small microwavable bowl, microwave chocolate uncovered on High 30 to 60 seconds until softened and chocolate can be stirred smooth.
- Drizzle chocolate over cookies.
- Let stand until set.

Nutrition Facts



■ **PROTEIN 3.96%**
■ **FAT 63.24%**
■ **CARBS 32.8%**

Properties

Glycemic Index:8.79, Glycemic Load:9.84, Inflammation Score:-3, Nutrition Score:5.5965217209381%

Flavonoids

Cyanidin: 0.55mg, Cyanidin: 0.55mg, Cyanidin: 0.55mg, Cyanidin: 0.55mg Delphinidin: 0.37mg, Delphinidin: 0.37mg, Delphinidin: 0.37mg, Delphinidin: 0.37mg Catechin: 3.79mg, Catechin: 3.79mg, Catechin: 3.79mg, Catechin: 3.79mg Epigallocatechin: 0.29mg, Epigallocatechin: 0.29mg, Epigallocatechin: 0.29mg, Epigallocatechin: 0.29mg Epicatechin: 7.58mg, Epicatechin: 7.58mg, Epicatechin: 7.58mg, Epicatechin: 7.58mg Epigallocatechin 3-gallate: 0.12mg, Epigallocatechin 3-gallate: 0.12mg, Epigallocatechin 3-gallate: 0.12mg, Epigallocatechin 3-gallate: 0.12mg Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg, Apigenin: 0.11mg Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg, Luteolin: 0.04mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

Nutrients (% of daily need)

Calories: 317.33kcal (15.87%), Fat: 23.28g (35.82%), Saturated Fat: 11.07g (69.21%), Carbohydrates: 27.17g (9.06%), Net Carbohydrates: 24.32g (8.84%), Sugar: 13.56g (15.07%), Cholesterol: 29.1mg (9.7%), Sodium: 183.61mg (7.98%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 4.25mg (1.42%), Protein: 3.28g (6.56%), Manganese: 0.53mg (26.46%), Copper: 0.26mg (12.88%), Fiber: 2.85g (11.41%), Vitamin B1: 0.15mg (9.85%), Magnesium: 37.1mg (9.27%), Iron: 1.57mg (8.73%), Zinc: 1mg (6.66%), Folate: 26.57µg (6.64%), Phosphorus: 64.19mg (6.42%), Vitamin B2: 0.09mg (5.16%), Potassium: 151.82mg (4.34%), Vitamin A: 212.94IU (4.26%), Vitamin B3: 0.79mg (3.93%), Selenium: 2.05µg (2.92%), Vitamin K: 2.38µg (2.27%), Vitamin E: 0.31mg (2.06%), Calcium: 14.73mg (1.47%), Vitamin B6: 0.03mg (1.4%), Vitamin B5: 0.13mg (1.34%)