



## Knuckle Tips



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



42

CALORIES



83 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 1 pound bacon
- ☐ 0.5 cup brown sugar packed
- ☐ 14 ounce sausages smoked mini

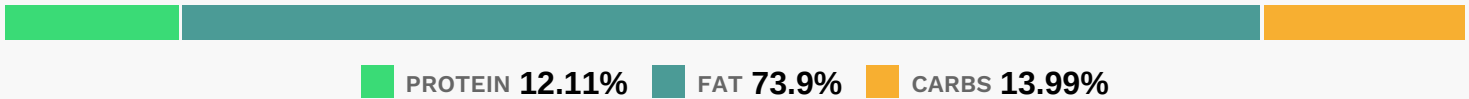
## Equipment

- ☐ baking sheet
- ☐ oven
- ☐ toothpicks

# Directions

- ☐ Cut bacon slices in half and arrange on an ungreased baking sheet.
- ☐ Bake at 350 degrees for about 20 minutes, or until cooked but not crisp.
- ☐ Remove from oven; cool slightly and drain. Wrap each mini sausage in a bacon slice; secure with wooden toothpicks. Return to baking sheet and sprinkle with brown sugar.
- ☐ Bake, uncovered at 350 degrees for about 20 minutes, until bacon is crisp.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:0, Nutrition Score:1.3282608684638%

## Nutrients (% of daily need)

Calories: 83.43kcal (4.17%), Fat: 6.8g (10.46%), Saturated Fat: 2.31g (14.41%), Carbohydrates: 2.89g (0.96%), Net Carbohydrates: 2.89g (1.05%), Sugar: 2.54g (2.82%), Cholesterol: 13.84mg (4.61%), Sodium: 152.36mg (6.62%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 2.51g (5.01%), Selenium: 3.44µg (4.91%), Vitamin B3: 0.74mg (3.71%), Vitamin B1: 0.05mg (3.63%), Vitamin B12: 0.2µg (3.28%), Phosphorus: 25.77mg (2.58%), Vitamin B6: 0.05mg (2.29%), Zinc: 0.33mg (2.18%), Vitamin B2: 0.02mg (1.46%), Potassium: 42.73mg (1.22%), Vitamin B5: 0.1mg (1.05%)