



Kona Coffee-Chocolate Bread Pudding

READY IN



45 min.

SERVINGS



10

CALORIES



474 kcal

DESSERT

Ingredients

- ☐ 0.3 lb butter cut into chunks
- ☐ 1 cup hot-brewed coffee cold (see notes)
- ☐ 10 servings creme de cassis
- ☐ 4 large eggs
- ☐ 1 lb bread french
- ☐ 2 tablespoons espresso powder dried instant
- ☐ 1 ounce bittersweet chocolate finely chopped
- ☐ 0.8 cup sugar
- ☐ 2 cups whipping cream

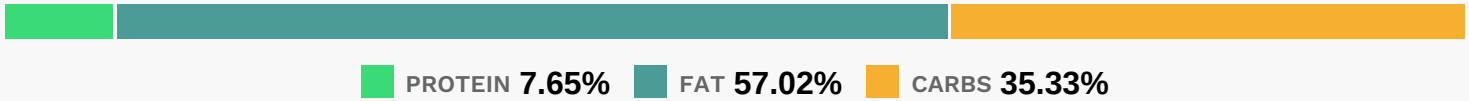
Equipment

- ☐ bowl
- ☐ oven
- ☐ blender

Directions

- ☐ Cut bread crosswise into 3/4-inch slices. Overlap slices in a single layer in a shallow 3-quart casserole (about 9 by 13 in.).
- ☐ In a large bowl with a mixer on high speed, beat butter and sugar until well blended.
- ☐ Add eggs and beat until blended.
- ☐ Add whipping cream, coffee, and instant espresso; stir until mixed.
- ☐ Pour egg mixture over bread.
- ☐ Let stand at least 15 minutes or cover and chill up to 1 day.
- ☐ Bake, covered, in a 350 oven until filling no longer jiggles when casserole is gently shaken, about 30 minutes (about 45 minutes if chilled).
- ☐ Pour crme anglaise over pudding and sprinkle with chocolate.
- ☐ Serve warm. Spoon portions, including sauce, into bowls.

Nutrition Facts



Properties

Glycemic Index:15.06, Glycemic Load:28.62, Inflammation Score:-7, Nutrition Score:10.596521621165%

Flavonoids

Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg
Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Myricetin: 0.01mg, Myricetin:
0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin:
0.01mg

Nutrients (% of daily need)

Calories: 473.79kcal (23.69%), Fat: 30.46g (46.85%), Saturated Fat: 14.33g (89.59%), Carbohydrates: 42.45g (14.15%), Net Carbohydrates: 41.23g (14.99%), Sugar: 19.7g (21.89%), Cholesterol: 128.36mg (42.79%), Sodium: 422.65mg (18.38%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 43.32mg (14.44%), Protein: 9.2g (18.39%), Selenium: 20.99µg (29.99%), Vitamin A: 1214.76IU (24.3%), Vitamin B2: 0.4mg (23.63%), Vitamin B1: 0.34mg (23%), Folate: 67.68µg (16.92%), Manganese: 0.3mg (15.23%), Iron: 2.4mg (13.36%), Vitamin B3: 2.59mg (12.93%), Phosphorus: 128.56mg (12.86%), Vitamin D: 1.16µg (7.74%), Vitamin E: 1.11mg (7.43%), Magnesium: 29.57mg (7.39%), Calcium: 73.45mg (7.34%), Vitamin B5: 0.66mg (6.59%), Copper: 0.13mg (6.35%), Zinc: 0.93mg (6.2%), Potassium: 194.05mg (5.54%), Vitamin B6: 0.1mg (5.09%), Fiber: 1.22g (4.9%), Vitamin B12: 0.27µg (4.51%), Vitamin K: 2.15µg (2.05%)