



KOOL-AID Tie-Dye Easter Eggs

 Vegetarian  Popular

READY IN



20 min.

SERVINGS



18

CALORIES



18 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 1/ doz. hard-cooked eggs cooled
- 0.4 oz ice raspberry lemonade flavor drink mix mixed unsweetened blue
- 0.5 oz env. kool-aid lemonade flavor drink mix unsweetened
- 0.3 oz env. kool-aid orange flavor drink mix unsweetened
- 0.3 oz env. kool-aid cherry flavor drink mix unsweetened
- 0.5 cup water divided

Equipment

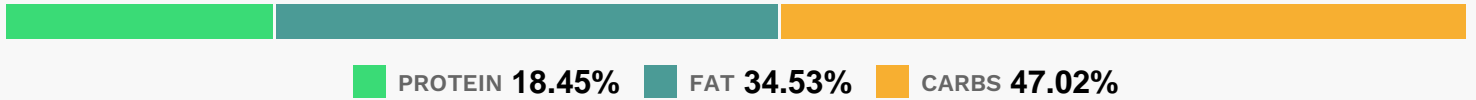
- baking sheet

- paper towels
- wire rack
- tongs

Directions

- Empty contents of 2 cherry KOOL-AID Drink
- Mix envelopes into 6- to 8-oz. container.
- Add 2 Tbsp. water; stir until mixes are completely dissolved. Repeat in 3 separate containers with remaining KOOL-AID mixes and water.
- Place eggs on cooling rack in sink; rinse with tap water.
- Spoon KOOL-AID mixtures, 1 at a time, over wet eggs to create tie-dye patterns.
- Pour small amount of tap water over each egg to set colors. Use tongs to transfer eggs to paper towel-covered baking sheet to dry. Rinse sink immediately as needed.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.72608695819002%

Nutrients (% of daily need)

Calories: 18.15kcal (0.91%), Fat: 0.7g (1.07%), Saturated Fat: 0.23g (1.43%), Carbohydrates: 2.14g (0.71%), Net Carbohydrates: 2.13g (0.77%), Sugar: 1.87g (2.08%), Cholesterol: 20.96mg (6.99%), Sodium: 11.9mg (0.52%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.84g (1.68%), Selenium: 1.88µg (2.69%), Vitamin B2: 0.04mg (2.2%), Phosphorus: 13.11mg (1.31%), Magnesium: 5.03mg (1.26%), Vitamin B12: 0.07µg (1.16%)